

**Parks
Make
Life
Better!**



Activity Guide

Fall 2012



ARPD is now on facebook
Friend us at
www.facebook.com/playARPD

Website: www.cityofalamedaca.gov/recreation
E-mail: arpd@ci.alameda.ca.us
Phone: (510) 747-PLAY
Online Registration: www.arpdplay.com

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ARPD DIRECTOR'S MESSAGE

This was a busy, fun-filled summer with many happy parents and kids, thanks to our dedicated and hard working ARPD staff. I've now been the Director for 5 months and am grateful for the warm welcome I've received from people throughout the community. Alameda is a special place and I'm happy to be a part of it.

Many exciting new things are happening with ARPD. You can find us on Facebook now! Friend us and you'll receive regular updates and photos on activities both in ARPD and throughout the community. Plus, send us your photos, ideas and experiences in Alameda and we'll share those as well.

We are moving forward with several capital projects funded from various sources including East Bay Regional Park District's Measure WW, the State of CA and Community Development Block Grants. Some of the timelines are still being finalized. These projects include:

- Krusi Park Recreation Center will be under construction later this Fall and completed in late 2013.
- Woodstock Park baseball field renovation
- McKinley Recreation Center renovations completed in 2012
- Encinal Boat Ramp restroom replacement
- Tennis court renovations are currently underway and will be completed by October 2012 at Washington, Krusi, Leydecker, Longfellow and Franklin Parks.

ARPD is forging exciting new partnerships to create innovative programs with the Oakland Youth Chorus for youth choral classes and other organizations.

In addition, we added a new Transportation Program this Fall to assist busy parents who want their child to receive a wide range of experiences and enrichment but need child care until 5:30 p.m.. ARPD will pick up your child from a class that is onsite at school through the Alameda Education Foundation. Your child will be transported to a RAP site, our safe and supervised after school program for youth in 1st – 5th grades. This offers great flexibility for working parents and an opportunity for kids to access a wide variety of programs.

And Mastick Senior Center is as busy and vibrant as ever. Come see the many activities offered during our Open House and Resource Fair on Sunday, September 16 from 1:00 p.m. – 4:00 p.m..

Please send us your ideas and suggestions via email or a post on Facebook at www.facebook.com/playARPD. I want to hear from all Alamedans on what ARPD can do for you as we move forward.

Sincerely,



Amy Wooldridge
Alameda Recreation and Parks Director



ARPD Program Staff

Christina Bailey

RAP, Parks & Playgrounds,
Teens, Tiny Tots, Wee Play,
Playgroups, Vacation Camps
510-747-7554
cbailey@ci.alameda.ca.us

Dennis McDaniels

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Marriel Thomas

Adult and Youth Classes
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mthomas@ci.alameda.ca.us



Recreation and Parks Commission

**Meets every 2nd
Thursday at 7:00pm**

**At City Hall, Council Chambers
2263 Santa Clara Ave., Alameda
Everyone welcome**

**Also televised live on
Alameda Cable TV Ch. 15**

CITY DIRECTORY

Alameda City Council

Marie L. Gilmore	Mayor
Rob Bonta	Vice Mayor
Doug deHaan	Councilmember
Beverly Johnson	Councilmember
Lena Tam	Councilmember

Recreation and Parks Commission

Joseph Restagno	Chair
Lola Brown	Vice Chair
Ann Cooke	Member
Bill Delaney	Member
Bill Sonneman	Member

Staff

John Russo	City Manager
Amy Wooldridge	ARPD Director
Jackie Krause	Senior Services Manager
John McDonald	Parks Manager
Patrick Russi	Recreation Supervisor
Christina Bailey	Recreation Specialist
Dennis McDaniels	Recreation Specialist
Mariel Thomas	Recreation Specialist
Nora Pon	Senior Clerk
Amy Vales	Accounting Technician

Alameda Recreation & Park Department



Web	www.cityofalamedaca.gov/recreation
Online Registration	www.arpdeplay.com
Email	arpd@ci.alameda.ca.us
Facebook	www.facebook.com/playARPD
Phone	510-747-PLAY
Fax	523-4071
TDD	522-7538
Hours	Mon - Thurs: 8am - 6pm; Fri: closed
Park Maintenance Repair Line	747-7542
Field Condition Hotline (after 2pm)	747-7540
Mastick Senior Center	747-7500
Park & Facilities	Refer to page 19-21

City Department Phone List

Emergency (Life or Property at Risk)	911
City Information	747-7400
City Attorney	747-4750
City Clerk & City Council	747-4800
City Manager's Office	747-4700
Alameda Municipal Power (AMP)	748-3901
Community Development	747-6890
Building	747-6800
Economic Development	747-4880
Finance	747-4881
Fire (Non-Emergency only)	337-2100
Chuck Corica Golf Complex	747-7800
Housing Authority	747-4300
Human Resources	747-4900
Job Hotline	747-4901
Library	747-7777
Police (Non-Emergency only)	337-8340
TEL-A-COP Hotline	835-2267
Animal Shelter	337-8565
Public Works	747-7900

Community Resources

Alameda Adult School	www.alameda-adult-school.org
Alameda Alligators	www.alameda-alga.com
Alameda Attack Lacrosse	www.alamedalacrosse.com
Alameda Babe Ruth	www.alamedababeruth.com
Alameda Boys & Girls Club	www.alamedabgc.org
Alameda Education Foundation	www.alamedaeducationfoundation.org
Alameda Family Childcare Association	521-3997
Alameda Family Services	www.xanthos.org
Alameda Girls Softball	www.alamedagsa.com
Alameda Historical Museum	www.alamedamuseum.org
Alameda Islanders	www.alamedaislanders.org
Alameda Little League	www.eteamz.com/alamedalittleleague
Alameda Meals on Wheels	www.alamedamealsonwheels.org (865-6131)
Alameda Pirates Football	www.thealamedapirates.org
Alameda Soccer Club	www.alamedasoccer.org
Alameda Swimming Pool Assn	www.alameda-swimming.com
Alameda Unified School District	www.alameda.k12.ca.us
Alameda Wolverines	www.alamedawolverines.com
Alameda Youth Basketball	Randy4sports@hotmail.com
Alameda Youth Collaborative	www.alamedayouth.com
American Red Cross	www.redcross.org
Chamber of Commerce	www.alamedachamber.com
Chuck Corica Golf Complex	www.golfinalameda.com
Crab Cove Visitors Center	www.ebparks.org/parks/vc/crab_cove
East Bay Regional Park District	www.ebparks.org
Girls Inc. of the Island City	www.girlsincislandcity.org
USS Hornet Foundation Museum	www.uss-hornet.org
State Park Info and Reservations	www.parks.ca.gov

POLICE

Filing Police Reports Online

Alameda residents can now file certain police reports online at www.AlamedaPolice.org.

Occasionally, Alameda residents and visitors are the victims of crimes that have no investigative leads, but, due to insurance, bank, or other requirements, police documentation is needed. Filing a police report online saves time from having to make a trip to the police station and likely waiting for an officer. Also, after the report is reviewed and approved by an Administrative Sergeant, the reporting party will be able to print a copy of it for free, from their computer.

Incidents eligible to be filed online include those not "in progress," with no suspect leads, no witnesses or have no related property/evidence to be collected.

Examples include annoying phone calls, auto burglary, identity theft, lost property, theft or vandalism.

The only requirements for using this service will be that the crime must have occurred in Alameda and the reporting party must have a valid email address.



ENVIRONMENTAL AWARENESS

Mandatory Recycling Ordinance for Alameda County

Beginning July 1, 2012, businesses and multi-family property owners in Alameda County are required to recycle. Ordinance 2012-01 requires recycling service be sufficient to handle the amount of recyclable material they produce. This includes paper, cardboard, and recyclable food and beverage glass containers, aluminum and metal containers, and HDPE and PET plastic bottles.

This new law applies to the following businesses and multi-family property owners:

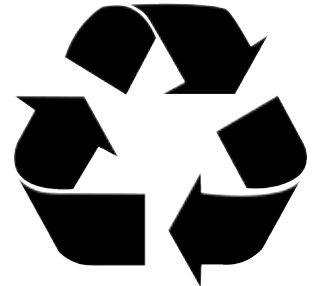
- Businesses generating four or more cubic yards of garbage per week
- Multi-family residential buildings with five or more units

The cities covered under the new law are:

- Alameda
- Albany
- Berkeley
- Emeryville
- Fremont
- Hayward
- Livermore
- Newark
- Oakland
- Piedmont
- San Leandro
- Union City
- Unincorporated areas of Alameda County (except those within the boundaries of the Oro Loma and Castro Valley Sanitary Districts)

The ordinance is designed to help the Alameda County Waste Management Authority reach its long-term goal of reducing waste by ensuring that recyclables and compostables make up less than 10 percent of material in the landfill by 2020.

For more information, please visit RecyclingRulesAC.org.



Reusable Bag Ordinance for Alameda County

In January 2012, the Alameda County Waste Management Authority adopted an ordinance to reduce the use of single-use carryout bags and promote the use of reusable bags. As of January 1, 2013, grocery stores and other stores in Alameda County that sell packaged food can no longer provide single-use plastic carryout bags, nor can they distribute paper bags or reusable bags for free at checkout.

Single-use carryout bags are bags provided at check-out for transporting food or merchandise out of the store. Affected stores are those in Alameda County selling packaged food. Consumers have the option to bring their own bags or pay for bags made from recycled paper or reusable bags.

Plastic bags are one of the most common litter items found in our waterways. A reusable bag can replace more than 600 single-use plastic bags over its lifetime. Shopping with reusable bags helps reduce litter and waste, protects creeks and the bay, and conserves natural resources.

For more information, please visit ReusableBagsAC.org.

COMMUNITY EVENTS

9th Annual Teen Haunted House

VOLUNTEERS NEEDED! Teen groups/clubs, individuals are needed to assist in planning, creating, and working at our 9th Annual Teen Spook-tacular Haunted House this year. You will have the opportunity to have some fun and earn some community service hours through this project. Meetings are held every Wednesday once school begins; set-up time, wrap-up, and operation of the Haunted House will be announced once Halloween approaches. A short term commitment is needed to ensure the success of this event. All proceeds will benefit the Teen Program. For more information, please contact Christina at (510) 747-7554, or visit www.cityofalamedaca.gov/recreation/special-events for event times and entrance fees.

Dates	October 19, 20, 21, 26, 27 and 28
Location	South Shore Center, Alameda



City of Alameda Hometown Holiday Celebration

Saturday, December 1, 2012

- FREE Synthetic Skating Rink, 1:00 p.m. to 5:00 p.m., City Hall Parking Lot
- Mayor's Tree Lighting Ceremony
- Program begins at 5:30 p.m., City Hall
- For more details, see our website at www.cityofalamedaca.gov/recreation

Continental Breakfast with Santa

You better watch out, you better not cry, you better not pout, I'm telling you why – Santa's here in Alameda! Join Santa for a continental breakfast and everyone gets to decorate a gingerbread cookie plus visit and take a photo with Santa.

Both parents and children must register. All children must be accompanied by an adult and pre-registration is required. Space limited to 200 people. Register by Nov. 29, 2012. No refunds or credits issued.

Class #11179	
Saturday, Dec. 8	10:00 a.m. – 12:00 p.m.
Location	Albert H. DeWitt O'Club, 641 West Redline Ave.
Fee	\$10 (13 years and older) \$5 (2 – 12 years) FREE (under 2 years old as of Dec 8, 2012)

34th Annual Holiday Boutique

Over 50 crafters will display their homemade and hand crafted items on two floors. **FREE ADMISSION!!**

Proceeds benefit the "Leisure Club," a recreation program for developmentally disabled teens and adults; a non-profit organization sponsored by the Alameda Recreation and Park Department.

Friday, November 2	12:00 noon – 8:00 p.m.
Saturday, November 3	10:00 a.m. – 4:00 p.m.
Location	Veteran's Memorial Building, 2203 Central Avenue, Alameda



COMMUNITY EVENTS

Santa's Visit

Ho! Ho! Ho! Santa, Rudolph and the gang will be back in Alameda. Santa will make a special visit to your child at your Alameda home for ten very special minutes. Arrangements can be made for Santa to bring a gift.

Class# 11195	Sat. Dec. 22
Class# 11196	Sun., Dec. 23
5:30 p.m. – 8:00 p.m.	Fee: \$25
Reservations will be available starting Nov. 7, 2012 in the ARPD Office. No Refunds. \$15 administration fee for any changes.	



Father Daughter Dance Party

Co-sponsored by Girls Inc. and Alameda Recreation and Park Department
Grades K – 5

Daughters currently in Kindergarten through 5th grades are invited to bring their father (or other favorite male role model) to our annual Father Daughter Dance Party. Registration will begin December 3, 2012 and registrations will not be accepted before this date. Registration deadline is January 17, 2013. Refunds or credits will not be issued. More event information to follow at www.cityofalamedaca.gov/recreation

Friday, February 8, 2013	6:00 - 8:00 p.m.
Location	Albert H. DeWitt O'Club (Alameda Point), 641 West Redline Avenue

Mastick Senior Center

Annual Open House Event

An opportunity to explore the Center's programs and services. Open to the public. **FREE**

Sunday, Sept. 16	Courtyard	1:00 p.m. - 4:00 p.m.
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Points of Life Seminar

Professionals connect families across generations with the complexities of aging. **FREE**

Wednesday, Sept. 26	Social Hall	6:00 p.m. - 7:30 p.m.
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Urquhart Memorial Concert Band

A **free** concert featuring big band sounds.

Wednesday, Oct. 17	Social Hall	1:00 p.m.
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Mastick Annual Holiday Sing-Along

Enjoy live music, holiday tunes, refreshments, and good cheer. **FREE**

Thursday, Dec. 20	Social Hall	10:00 a.m.
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36th Annual Elks Hoop Shoot Competition



The 36th annual Elks Hoop Shoot Contest will be underway throughout Alameda starting October 22, 2012- December 20, 2012.

This national contest event is sponsored locally by the Alameda Elks Lodge 1015 and conducted by the Alameda Recreation and Park Department. Over three million youth from throughout the country enter the competition yearly.

The free competition is being held at the following parks: Bayport, Franklin, Leydecker, Lincoln, Longfellow, Tillman, Washington and Alameda Point Gym during program hours. The event is open to boys and girls 8 to 13 years-old and who attend a school or reside in the city of Alameda.

The contest consists of shooting free throws. Each contestant has 25 shots at the hoop. A child may compete as many times as he or she wishes. Classifications are as follows:

Class A - 12 to 13 year-olds

This division is open to youth who do not reach their 14th birthday before April 1, 2013.

Class B - 10 to 11 year-olds

This division is open to youth who do not reach their 12th birthday before April 1, 2013.

Class C - 8 to 9 year-olds

This division is open to youth who do not reach their 10th birthday before April 1, 2013.

Seven year olds who reach their eighth birthday before April 1, 2013, are also eligible in this category.

The top three finalists in each division are eligible to represent their park or club at the city-wide finals, to be held on January 11, 2013 at Alameda Point Gymnasium. The winners in each division will go on to represent the City of Alameda and the Alameda Elks at the District Shoot-Off in late January. For more information call Dennis McDaniels, Recreation Specialist at (510) 747-7586 or e-mail him at dmcdaniels@ci.alameda.ca.us.

PRESCHOOL

Small Fry / Tiny Tots

Ages 3 to 5, Pre-Kindergarten

The Alameda Recreation and Parks Preschool offers a recreation, play-based program for children ages 3 to 5 years old (pre-kindergarten). Activities include storytelling, games, arts and crafts, cooking, music, motor fitness and free play.

REQUIREMENTS

- Children must be the correct age on the first day of class
- Small Frys: 3 years – 3 years, 11 months
- Tiny Tots: 4 years – Pre-K
- Children must be completely potty-trained and able to attend to their own personal needs to the best of their ability. Children must also be able to separate from their parents.
- **PROOF OF AGE IS REQUIRED AT TIME OF REGISTRATION – NO EXCEPTIONS**

Sessions	
Fall 2012	Sept. 10 - Dec. 7, 2012
WINTER 2013	Jan. 7 - Mar. 29, 2013
Fees are per session	
Mon-Wed-Fri	Full Payment: \$622 Two Payments: \$326 each*
Tues – Thurs	Full Payment: \$414 Two Payments: \$222 each*
Mon – Friday (5 days) Only Tiny Tots may attend 5 days per week	Full Payment: \$1,036 Two Payments: \$548 each*
* 1st split payment due on enrolling, 2nd split payment due 9/17/12	

WINTER 2013 Tiny Tots/Small Fry Registration

NEW students for any remaining spots may register Wed., Dec. 5, 2012 at 8:00am at the ARPD office, 2226 Santa Clara Ave., Alameda. (Students in Fall 2012 session have registration priority in class.)



Elves Workshop

Ages 3 to 5, Pre-Kindergarten
Tuesday – Friday • Dec. 11 – 14
9:00 a.m. – 12:00 p.m. • Cost: \$75
Location: Godfrey (Class# 11188) and
Woodstock Parks (Class#11189)

Come and enjoy making special holiday treats, sing songs, play games and work on a special holiday gift to bring home. Your child must be able to separate from parents, be potty trained and able to take direction from other adults. Limited space – register now!

Note: Since supplies must be purchased, there are NO refunds after the 6th of December



SMALL FRY CLASSES (3 to 3 yrs, 11 mos.)

Class #	Day	Time	Location
10826	Mon/Wed/Fri	9:00 a.m. – 12:00 p.m.	Godfrey, 281 Beach Rd., Bay Farm Island
10822	Tues/Thurs	9:00 a.m. – 12:00 p.m.	Godfrey, 281 Beach Rd., Bay Farm Island
10823	Mon/Wed/Fri	9:00 a.m. – 12:00 p.m.	Littlejohn, Pacific Ave. & Morton St.
10824	Tues/Thurs	9:00 a.m. – 12:00 p.m.	Littlejohn, Pacific Ave. & Morton St.
10825	Tues/Thurs	9:00 a.m. – 12:00 p.m.	McKinley, Buena Vista Ave. & Walnut St.
10821	Tues/Thurs	9:00 a.m. – 12:00 p.m.	Washington, 740 Central Ave.

TINY TOT CLASSES (4 TO 5 years, Pre-Kindergarten)

Class #	Day	Time	Location
10830	Tues/Thurs	9:00 a.m. – 12:00 p.m.	Leydecker, 3225 Mecartney Rd., Bay Farm Island
10829	Mon/Wed/Fri	9:00 a.m. – 12:00 p.m.	Leydecker, 3225 Mecartney Rd., Bay Farm Island
10831	Mon/Wed/Fri	9:00 a.m. – 12:00 p.m.	McKinley, Buena Vista Ave. & Walnut St.
10834	Mon/Wed/Fri	12:00 p.m. – 3:00 p.m.	McKinley, Buena Vista Ave. & Walnut St.
10832	Mon/Wed/Fri	9:00 a.m. – 12:00 p.m.	Washington, 740 Central Ave.
10833	Mon/Wed/Fri	9:00 a.m. – 12:00 p.m.	Woodstock, 3rd St. & Cypress St.
10828	Mon/Wed/Fri	12:00 p.m. – 3:00 p.m.	Woodstock, 3rd St. & Cypress St.

Alameda Wee Play

Ages 6 month - 3 years

Come and experience Alameda's play center for infants and toddlers ages 6 month – 3 years! Activities include arts and crafts, music time, and developmental and exploratory play. Activities are minimally structured allowing children to enjoy and explore on their own terms. Children must be accompanied and supervised by a parent or caregiver at all times.

Days	Mondays, Wednesdays, & Fridays
Times	10:00 a.m. – 1:00 p.m.
Location	Alameda Veteran's Memorial Building, 2203 Central Avenue
Cost	\$6 Drop-in per day per child OR \$50 Drop-in Card for 12 visits
Volunteer to set up or clean up and receive free entrance for that day!	



School Readiness Play Groups

Ages 2 to 5

A fun interactive play group for parent and child

Want to help your child develop school readiness skills for pre-school? The Alameda Recreation and Park Department and Alameda Free Library, through a grant from **First 5 Alameda County**, is now offering FREE Alameda School Readiness Play Groups for families with children ages 2 to 5 years old.

Come join us for a free 10-week session. You and your child can interact as your child explores the world of learning through storytelling, movement, dance, tumbling, letter and number recognition, arts and crafts, math fun, science nature exploration, music, and more... Parents must attend with child.

SPACE IS LIMITED. Interested families must complete a survey first. You will be notified if you are accepted into the program by mail. For more information and to register, please contact Stacy Thomas, Program Coordinator, by e-mail at: sthomas@ci.alameda.ca.us or by phone at (510) 747-7555.

SCHOOL READINESS PLAYGROUP		
Class# 11361	Tue: Winter 2013	Jan 8 – March 12, 2013
Class# 11363	Tue: Spring 2013	April 2 – June 4, 2013
SPANISH-ENGLISH SCHOOL READINESS PLAYGROUP		
Class# 11362	Thu: Winter 2013	Jan 10 – March 14, 2013
Class# 11364	Thu: Spring 2013	April 4 – June 6, 2013



Language Delay Playgroup

Ages 2 to 5

A fun interactive play group for parent and child ages 2 to 5 years old with language and social delays. This program is made possible by a generous grant from **First 5 Alameda County**.

Why should your child attend?

- Socialize with other children
- Engage in fun play-based activities
- Explore their environment
- A way to ease your child into a more formal classroom setting

Who can attend?

- All children ages 2 to 5 years old with varying language and social delays

How do we register?

- All interested families must first complete "GROW TOGETHER SURVEY – Fall 2012".
- Once you have completed the survey, you will be notified of your acceptance into this program.
- Parent or Caregiver **MUST** attend the Play Group with his/her child.
- Space is limited.

Class# 11365	Mon: 10 - 11:30 a.m.	Sept 17 – Dec 3, 2012
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YOUTH - AFTERSCHOOL PROGRAMS

AFTERSCHOOL PROGRAMS

Recreation Afterschool Program - RAP

Grades K - 5

August 27, 2012 to June 7, 2013

The Alameda Recreation and Park Department offers a supervised afterschool program for students attending AUSD elementary schools. RAP leaders meet the students when school is dismissed, and walk them to the park. (Students must dress appropriately for cold and rainy weather). Participants may register to attend 2, 3 or 5 days a week. RAP does not meet on public school holidays, Legal Holidays, or AUSD staff development days. RAP covers early Wednesdays and modified days.

Activities include games/sports, cooking, arts and crafts, and a daily snack. RAP meets daily until 5:30 p.m. Children may be picked up by a designated person, or may walk or bike home with permission from their parents.

A minimum of 10 students must be registered at a school in order to be a RAP Pick-Up Site.

RAP for 1st through 5th graders is offered at the following sites:

- Ruby Bridges School – Bayport Park
- Franklin & Lum Schools – Franklin Park
- Amelia Earhart School – Leydecker Park
- Edison & Otis Schools – Lincoln Park
- Haight School – Littlejohn Park
- NEA School – Longfellow Park
- Bayfarm School – Tillman Park
- Maya Lin & Paden Schools – Washington Park

RAP for Kindergartners is ONLY offered at the following sites:

- Maya Lin & Paden Schools – Longfellow Park, 520 Lincoln Ave

A limited number of reduced fees are available for students. To qualify, please complete a fee assistance request form from the Recreation Department.

RAP Fees

FALL	August 27 – November 30, 2012
5 days/week	Full Payment: \$612 (Kindergartners: \$794)
	2 Payments: \$336 each (Kindergartners: \$427 each) 1st due on enrolling, 2nd due 10/11/12
3 days/week	Full Payment: \$404 (Kindergartners: \$508)
	2 Payments: \$232 each (Kindergartners: \$284 each) 1st due on enrolling, 2nd due 10/11/12
2 days/week	Full Payment: \$286 (Kindergartners: \$352)
	2 Payments: \$173 each (Kindergartners: \$206 each) 1st due on enrolling, 2nd due 10/11/12
WINTER	December 3, 2012 – March 8, 2013
5 days/week	Full Payment: \$564 (Kindergartners: \$732)
	2 Payments: \$312 each (Kindergartners: \$396 each) 1st due on enrolling, 2nd due 1/24/13
3 days/week	Full Payment: \$372 (Kindergartners: \$468)
	2 Payments: \$216 each (Kindergartners: \$264 each) 1st due on enrolling, 2nd due 1/24/13
2 days/week	Full Payment: \$264 (Kindergartners: \$324)
	2 Payments: \$162 each (Kindergartners: \$192 each) 1st due on enrolling, 2nd due 1/24/13

PAYMENTS MADE AFTER THE DUE DATE WILL BE SUBJECT TO AN AUTOMATIC LATE CHARGE OF \$30. Children may attend RAP two working days or 48 hours after payment is received. All changes must be made 24 hours in advance and subject to a \$15 service charge. Late Fees: starting at 5:31 p.m., a late fee of \$1 per minute per child will be charged for late pick-ups payable the same day incurred. For the safety of the child, the proper authority will be contacted if your child is not picked up by 6:00 p.m.



AFTERSCHOOL PROGRAMS - YOUTH

NEW! RAP Extended Care

RAP Extended Care is a new option this year for parents.

If your child is signed up for an ARPD approved after school class (i.e., Oakland Youth Chorus (OYC, refer to page 11 for more information), Alameda Education Foundation sponsored classes) and needs extended care either before or after the class, then RAP Extended Care is the option for you!

ARPD staff will transport your child to and/or from the approved class from their RAP site. Participants who wish to sign up for the approved OYC classes who already attend a RAP site need only to sign up for the class. When registering, let the ARPD office know you are also a paid RAP participant.

Those participants seeking an OYC class who are not signed up at a RAP site and who would like the extended care for the day of the class need to sign up for the class and for extended care.

The cost for RAP Extended Care is \$90 per eight-week session and provides extended care for the day when the approved class meets!

The cost for RAP Extended Care for Alameda Education Foundation sponsored classes is an additional \$30 per eight-week session AND paid enrollment in the RAP program!

A Day in the Park

(AUSD Non-Student Day Activity)

Grades K – 5

Come spend your non-school day with ARPD! We'll be making special arts & crafts, playing great games, and many more surprises! To make the day even better, we'll be walking to Emma Hood Swim Center (Alameda High School) to go swimming for a couple hours in the afternoon. Bring your own bag lunch, swimsuit and towel; morning and afternoon snack will be provided.

Class # 11218

Date	Friday, October 19, 2012
Time	7:30 a.m. – 5:30 p.m.
Location	Harrison Center (Lincoln Park, 1450 High Street at Santa Clara Avenue)
Fee	\$50.00

There will be a \$15.00 administration fee charged for any cancellations or changes.



Parks and Playground Program

Grades K – 5

2012-2013 School Year

The Alameda Recreation and Park Department is happy to announce that the following Parks and Playgrounds sites: **Bayport, Franklin, Lincoln, Longfellow, Tillman, and Washington** will be open to youth kindergarten through 5th grade Monday through Friday from **3:00 p.m. to 5:00 p.m. for FREE DROP-IN recreation programs**. Leaders will provide a variety of recreational activities for elementary school age children. These programs are the perfect opportunity for your child to participate in fun, safe, and cooperative activities where they can be creative, develop skills and make friends in an outdoor setting. Although leaders encourage participation, children are not required to participate in scheduled programs. Activities will include but are not limited to: arts and crafts, cooking, drama, games, nature and special events. A nominal fee may be charged to help cover program supply costs. Also each site will plan a monthly activity calendar, which is available to you upon request. This program is FREE and there is no obligation to attend every day. This is not a childcare service! Parents, you may leave your child alone at the park at their own risk.

Parks and Playground Program Hours

Monday through Friday	3:00 p.m. – 5:00 p.m.
*Saturday	12:00 p.m. – 4:00 p.m. at Franklin, Lincoln & Washington Parks
*Sunday	12:00 p.m. – 4:00 p.m. at Lincoln and Washington Parks

All Sites Closed

Labor Day, Monday	September 3, 2012
Veteran's Day, Friday	November 12, 2012
Thanksgiving Day, Thursday	November 22, 2012
Day After Thanksgiving, Friday	November 23, 2012
Christmas, Tuesday	December 25, 2012
New Years, Tuesday	January 1, 2013
Martin Luther King, Monday	January 21, 2013
President's Day, Monday	February 18, 2013



YOUTH - AFTERSCHOOL PROGRAMS

The Underground

Drop-In for Grades 6 – 12

The Underground Teen Center has computers, big screen TV, pool table, video games, ping pong, board games, music, snack bar, and adult supervision. There is no charge to use The Underground. Participants need to register at the center and must sign-in and sign-out on a daily basis.

Open	Monday through Friday (closed school holidays)
Times	3:00 p.m. – 5:30 p.m.
Drop-in	for all 6th – 12th graders in Alameda
Location	Veteran's Memorial Building, 2203 Central Ave., downstairs in Room 170

Club Underground

Grades 6 – 8

CLUB Underground is after school transportation from AUSD middle schools in City/ARPD vehicles to The Underground program. Transportation is not available on public school holidays, AUSD staff development days or unscheduled early release days. Participants must be registered before allowed to ride in the City/ARPD vehicles.

Mon/Tues/Thur/Fri	Pick up: 2:30 p.m. – 3:00 p.m.
Wednesday	Pick up: varies by school
Fee	\$2 per one-way trip OR \$20 ride pass available (10 rides)
Class# 11180	Academy of Alameda
Class# 11181	ACLC
Class# 11182	Lincoln Middle
Class# 11183	NEA
Class# 11184	Wood Middle

A Day at the Underground

Grades 6 – 8

Come spend your non-school day with ARPD! Tweens/teens currently in 6th through 8th grades are invited to the Underground Teen Center to play lots of cool games and sports, participate in awesome cooking projects, and make teen-rific crafts. To make the day even better, we'll be walking to Emma Hood Swim Center (Alameda High School) to go swimming for a couple hours in the afternoon. Bring your own bag lunch, swimsuit and towel; morning and afternoon snack will be provided.

Class# 11229	
Friday	October 19, 2012
Fee	\$50 / \$60 (After October 4, 2012)
Time	7:30 a.m. – 5:30 p.m.
Drop off/Pick up	at Veteran's Memorial Building, 2203 Central Ave. (and Walnut St.), Alameda
There will be a \$15 administration fee for any cancellations or changes.	

Alameda Youth Committee (A.Y.C.)

Grades 6 – 12

Get involved with planning activities for teens: dances, excursions, training, community issues, fundraising, etc. We are seeking serious and responsible teens who would like to get hands-on experience when it comes to event planning. Your creativity, past experience, social ability, and community spirit are needed to assist the Alameda Recreation and Park Department. A commitment is required and community hours will be earned when you participate with AYC. Applications are available at The Underground Teen Center and the Alameda Recreation and Park Department. Interviews will be conducted prior to acceptance into the Committee.

Class# 11352	
Wednesdays	4:00 p.m. – 5:00 p.m.
Location	Veteran's Memorial Building, 2203 Central Avenue

Operation GreenSweep

Grades 6 – 12

Operation GreenSweep is looking for teens who want to earn community service hours by helping to maintain our city parks and community centers. Teens will meet ARPD Teen Staff at the Veteran's Memorial Building on Fridays/early release days to work on various park projects. Duties include but are not limited to park clean-up, light trash removal, weeding, etc. Equipment will be provided to participants for different projects. Transportation will be provided to and from the parks. Registrations will be taken until program is full. Program will be held weather-permitting.

Class# 11185	
Fee	\$45 (includes t-shirt)
Fridays	September 14 - November 16
Time	3:30 p.m. – 5:00 p.m.
Location	Veteran's Memorial Building, 2203 Central Avenue



AFTERSCHOOL PROGRAMS & CAMPS - YOUTH

Teen Volunteer Program

Grades 7 - 12

This program is for students who are interested in volunteering at the parks and playgrounds. Students must complete a volunteer application form and return it to the Recreation and Park Department, 2226 Santa Clara Ave. Applicants will be contacted for an interview. Interviews do not guarantee acceptance into the program. Upon selection, volunteers must attend a training session. Registrations and/or interviews one week prior OR after training session dates will not be accepted. These volunteer hours will satisfy the community service requirement for the schools. Limit 20 students per training session.

#11186	
Fee	\$45
Thursday	September 20, 2012
Time	4:00 p.m. - 5:30 p.m.
Location	Veteran's Memorial Building, Rm 120
#11187	
Fee	\$45
Thursday	January 31, 2013
Time	4:00 p.m. - 5:30 p.m.
Location	Veteran's Memorial Building, Rm 120

Volunteers Needed for Teen Haunted House

Grades 6 - 12

October 19-21, 26-28, 2012 - South Shore Center

Teen groups/clubs, individuals are needed to assist in planning, creating, and working at our 9th Annual Teen Spook-tacular Haunted House. You will have the opportunity to have some fun and earn some community service hours through this project. Meetings are held every Wednesday once school begins; set-up time, wrap-up, and operation of the Haunted House will be announced once Halloween approaches. A short term commitment is needed to ensure the success of this event. All proceeds will benefit the Teen Program. For more information, please contact Christina at (510) 747-7554.



CAMPS

Winter Wonderland Camps

Grades K - 5

Make this holiday season special by registering your children for one or both sessions of our fun-filled camps. Arts and crafts, games and cooking are just part of the excitement. Please bring a bag lunch. Both sessions run from 9:00 a.m. - 3:00 p.m.; extended care is available from 7:30 a.m. - 5:30 p.m. Session I runs December 24th -28th (No Camp on Dec 25th)



Session II runs December 31st - Jan. 4th (No Camp on Jan 1st). Camp will be held at Harrison Center (Lincoln Park, High Street and Santa Clara Avenue).

Class# 11191

December 24 - 28	9:00 a.m. - 3:00 p.m.
Fee	\$110
Extended Care	Class# 11193
December 24 - 28	7:30 - 9:00 a.m. & 3:00 - 5:30 p.m.
Fee	\$45

Class# 11192

December 31 - January 4	9:00 a.m. - 3:00 p.m.
Fee	\$110
Extended Care	Class# 11194
December 31 - January 4	7:30 - 9:00 a.m. & 3:00 - 5:30 p.m.
Fee	\$45

There will be a \$15.00 administration fee for any cancellations or changes. Site Closed on December 25th and January 1st

Tween Adventures Winter Break Edition

Grades 6-8

ARPD is planning some great activities geared towards tweens for their Winter Break. Check it out at www.cityofalameda.ca.gov/Recreation/Teens or ask one of your leaders at the Underground Teen Center, 2203 Central Avenue.

ENRICHMENT

Chess Class

Ages 6 - 11

If you are new to chess or want to polish your skills to improve your game, come develop your understanding and enjoyment of this classic pastime through Berkeley Chess School. Chess lessons foster creativity and the skill of critical thinking, while enjoying the thrill of the sport. Through a combination of instruction and supervised chess play, students grow intellectually and socially, and even have fun doing it! Instructor: The Berkeley Chess School



Class# 11296		
Mondays	Sept 10 - Oct 15	4:00 p.m. - 5:00 p.m.
Veteran's Building	No. of sessions 6	Fee: \$93
Class# 11297		
Mondays	Oct 22 - Nov 26	4:00 p.m. - 5:00 p.m.
Veteran's Building	No. of sessions 6	Fee: \$93
No class Nov 12th		

Driver Education Internet Study Course

Ages 15+

Are you tired of asking your parents for a ride? Are you at least 15 years old? If so, this class is for you. This is an interactive, online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. Receive DMV-approved Certificate of Completion. This class is a requirement for teens under 18 years old to obtain a learner's permit and driver's license. A licensed instructor is available to answer any questions. Sign up any time.

Fall Class# 11313	Cost: \$55.00
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Filmmaking: From Story to Screen

Ages 5 - 9

This is a beginning digital filmmaking class. Using basic cameras and editing software, participants are led through a cinematic process from pre-production, production and post-production. At the end of the class, participants will have made an original short story based on their favorite story. Instructor: Freshi Staff

Class# 11298		
Thursday	Sept 20 - Nov 8	3:30 p.m. - 5:00 p.m.
Veteran's Building	No. of Sessions: 8	Fee: \$102

Game Design: Beginning to Advance

Ages 8 - 12

Beginners will work in pairs on one computer and be introduced to the fundamentals of game design and beginning game computer programming. Advance gamers will work on their own computers and be mentored through a series of lessons that allow them to add character movements, multiple platforms and introduce a variety of game formats.

Instructor: Freshi Staff

Class# 11299		
Monday	Sept 17 - Nov 5	4:00 p.m. - 5:30 p.m.
Veteran's Building	No. of Sessions: 8	Fee: \$122

Musical Theater

Grades K - 1

"The Prince, the Crystal and the Animals"

A delightful original musical, written by Lori Moitie & RJ Johnson of "Cotton Candy Express Music," features singing, dancing and acting. The children will perform a musical about bullying on the playground through enchanting animals and magic.

Instructor: Lori Moitie and RJ Johnson

Class# 11387		
Wednesday	Sept 26 - Dec 12	2:30 p.m. - 3:45 p.m.
Veteran's Building	No. of Sessions: 10	Fee: \$165
No Class Oct 31st and Nov 21st		

Oakland Youth Chorus (OYC)

- Alameda Miracles

Grades K - 2 & 3 - 5

OYC is a professional, award-winning music education program. Singers enjoy discovering the world through learning songs from a variety of cultures while building musical skills including melody, rhythm, harmony, and music theory. To find out more about OYC, please visit www.oaklandyouthchorus.org.



Grade K - 2

Class # 11316		
Tuesdays	Sept 25 - Dec 4	4:30 p.m. - 5:30 p.m.
Veteran's Building	No. of sessions 11	Fee: \$140

Grade 3 - 5

Class # 11317		
Tuesdays	Sept 25 - Dec 4	4:30 p.m. - 5:30 p.m.
Veteran's Building	No. of sessions 11	Fee: \$140

DANCE

Ballet Academy

Alameda Ballet Alameda (ABA) does have a dress code, please contact us at admin@alamedaballet.com (Subject Line: ARPD) prior to your first class about obtaining dance wear.

Mommy & Me Ballet Ages 3 - 4, with caregiver

You and your little one will gain flexibility and learn the basic positions and steps of ballet alongside each other! A great way to get some exercise and introduce your child to the world of ballet! No previous experience necessary.

Class# 11280		
Wednesday	Sept 12 – Nov 14	9:00 a.m. – 9:45 a.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$187
Class# 11281		
Saturday	Sept 15 – Nov 17	9:15 a.m. – 10:00 a.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$187

Pre-Ballet Ages 4 - 5

In a fun and creative yet focused environment students experience the basic positions, rhythms and movements of ballet.

Class# 11285		
Monday	Sept 10 - Nov 12	3:45 p.m. – 4:30 p.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$187
Class# 11282		
Tuesday	Sept 11 - Nov 13	3:45 p.m. – 4:30 p.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$187
Class# 11286		
Wednesday	Sept 12 - Nov 14	3:45 p.m. – 4:30 p.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$187
Class# 11283		
Thursday	Sept 13 – Nov 15	3:45 p.m. – 4:30 p.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$187
Class# 11284		
Saturday	Sept 15 – Nov 17	10:15 a.m. – 11:00 a.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$187

Ballet 1 Ages 5 - 6

In order to achieve the beautiful posture and grace of a dancer, students begin to learn the concepts of stretching, strengthening and coordination. Working in first and second positions students learn the basic exercises which comprise a ballet barre and center floor work.

Class# 11287		
Monday	Sept 10 – Nov 12	3:45 p.m. – 4:45 p.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$202
Class# 11288		
Tuesday	Sept 11 - Nov 13	3:45 p.m. – 4:45 p.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$202
Class# 11289		
Wednesday	Sept 12 - Nov 14	3:45 p.m. – 4:45 p.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$202
Class# 11290		
Thursday	Sept 13 – Nov 15	3:45 p.m. – 4:45 p.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$202
Class# 11291		
Saturday	Sept 15 – Nov 17	11:00 a.m. – 12:00 p.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$202



YOUTH - DANCE & SPORTS

Ballet - Intro for Teens

Ages 9-18

Want to be a Bun Head? This class is geared toward teens who have always wanted to try ballet but didn't start when they were youngsters. Grab a friend and come give it a try, if nothing else it's a great workout! ABA does have a dress code, please contact us at admin@alamedaballet.com (Subject Line: ARPD) prior to your first class about obtaining dance wear.

Class# 11300		
Tuesday	Sept 11 – Nov 13	3:45 p.m. – 4:45 p.m.
Alameda Ballet	No. of Sessions: 10	Fee: \$202



Hip Hop Jazz

Ages 5 – 9

High energy introduction to dance for energetic movers and shakers with little or no dance experience. Students should be dressed in athletic wear and tennis shoes. Opportunity to perform in dance concert Sunday Dec 9th at 3pm at Kofman Auditorium. Information about costume and ticket fees will be given out in class. Instructor: Bryant Cash-Welch

Class# 11276		
Thursdays	Sept 13 – Dec 20	3:30 p.m. – 4:30 p.m.
Dance 10	No. of sessions 14	Fee: \$240
No class Nov 22nd		

Square Dance - Introduction

Ages 8 – Adult

Square Dancing is friendship set to music! It is an aerobic, interactive cooperative dance form. No partner or special costume required. Please wear comfortable shoes. This class will introduce the BASIC program of Square Dance. Instructor: Charles Clay

Class# 11264		
Wednesday	Sept 5 – Oct 31	7:00 p.m. – 8:30 p.m.
Leydecker	No. of Sessions: 9	Fee: \$30

SPORTS

Aikido

Ages 5 – 16

This Japanese Martial art class is designed for children and teaches mental awareness, physical capabilities and coordination skills while building healthy values, character and self-esteem. Instructor: Elmer Tancinco

Class# 11278		
Wednesday	Sept 12 – Oct 31*	4:45 p.m. – 5:45 p.m.
Saturday	Sept 15 – Nov 3*	9:00 a.m. – 10:00 a.m.
Alameda Aikikai	No. of Sessions: 8	Fee: \$103
*You may choose any 8 classes from this session		

Aikido For Teens

Ages 13 – 18

Aikido is a Japanese martial art, a self-defense system, which primarily emphasizes the use of redirecting the attacker's energy, as opposed to meeting force with force, and not based on physical strength, but technique. Young people learn physical fitness, stretching and relaxation exercises. Instructor: Elmer Tancinco

Class# 11277		
Tuesday	Sept 11 – Nov 13*	6:00 p.m. – 7:15 p.m.
Saturday	Sept 15 – Nov 17*	10:15 a.m. – 11:15 a.m.
Alameda Aikikai	No. of sessions 10	Fee: \$93
*You may choose any 10 classes for this session.		



Aquatic Sports 101

Age 9 - 19

It's not always easy to find programs for aquatic sports. Have you ever wanted to brush up on stroke technique when you're swimming laps? Intrigued by water polo but don't know how to play? Want to play sports in high school, but not sure which one? Here's your chance to find out about one or both! Instructor's discretion required for anyone outside of the age range listed below. Instructor: Leslie Cortez & Island Athletes Staff

Dates	Monthly, on-going
Class# 11322	September 2012
Class# 11323	October 2012
Class# 11324	November 2012
Class# 11325	December 2012
Cost	\$70.00 / month
Time	7:00 p.m. - 8:00 p.m., Monday through Friday
Place	Emma Hood Swim Center, Alameda High School 2256 Alameda Avenue (at Oak Street)
No classes on Alameda Unified School District and legal holidays	

Golf

Refer to page 24



Hawaiian Jujitsu for Children

Ages 6 - 14

Jujitsu is a Japanese martial art using the principle of leverage against the strength and weight of an aggressor. Learn simple techniques to control your partner when attacked.

Instructor: Chris Peterson

Class# 11292		
Tues & Thurs	Sept 11 - Oct 4	5:30 p.m. - 6:30 p.m.
Twin Towers	No. of Sessions: 7	Fee: \$38
No class Sept 27th		
Class# 11293		
Tues & Thurs	Oct 9 - Nov 1	5:30 p.m. - 6:30 p.m.
Twin Towers	No. of Sessions: 8	Fee: \$43
Class# 11294		
Tues & Thurs	Nov 6 - Nov 29	5:30 p.m. - 6:30 p.m.
Twin Towers	No. of Sessions: 7	Fee: \$38
No class Nov 22nd		
Class# 11295		
Tues & Thurs	Dec 4 - Dec 20	5:30 p.m. - 6:30 p.m.
Twin Towers	No. of Sessions: 6	Fee: \$33

Kids Gymnastics with Ruby

Ages 12 Month - 10 Years

For 20 years, Ruby's Tumbling has provided a fun classroom setting for youngsters designed to teach them the early stages of balance, coordination, flexibility and strength. Watch your child gain confidence with every step.

Instructor: Ruby Gama

Ages 12 mos to 23 month (Parent Participation)

Class# 11301		
Wednesday	Sept 5 - Oct 24	9:30 a.m. - 10:00 a.m.
Ruby's Tumbling	No. of Sessions: 8	Fee: \$90.
Class# 11302		
Thursday	Sept 6 - Oct 25	9:30 a.m. - 10:00 a.m.
Ruby's Tumbling	No. of Sessions: 8	Fee: \$90

Ages 24 mos to 3 Years (Parent Participation)

Class# 11303		
Thursday	Sept 6 - Oct 25	10:15 a.m. - 11:00 a.m.
Ruby's Tumbling	No. of Sessions: 8	Fee: \$110
Class# 11304		
Friday	Sept 7 - Oct 26	9:15 a.m. - 10:00 a.m.
Ruby's Tumbling	No. of Sessions: 8	Fee: \$110

Ages 3 - 5

Class# 11305		
Thursday	Sept 6 - Oct 25	11:15 a.m. - 12:00 p.m.
Ruby's Tumbling	No. of Sessions: 8	Fee: \$110
Class# 11306		
Thursday	Sept 6 - Oct 25	5:15 p.m. - 6:00 p.m.
Ruby's Tumbling	No. of Sessions: 8	Fee: \$110

Ages Kindergarten - 8 Years

Class# 11312		
Thursday	Sept 6 - Oct 25	4:00 p.m. - 5:00 p.m.
Ruby's Tumbling	No. of Sessions: 8	Fee: \$120

Kids with Special Needs Ages 4 - 10

Class# 11309		
Monday	Sept 10 - Oct 8	6:00 p.m. - 7:00 p.m.
Ruby's Tumbling	No. of sessions: 5	Fee: \$60
Class# 11310		
Monday	Oct 15 - Nov 19	6:00 p.m. - 7:00 p.m.
Ruby's Tumbling	No. of sessions: 5	Fee: \$60
No class Nov 12th		

Kidz Love Soccer

Ages 2 – 10

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment.

A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment.

Kidz Love Soccer... "Where the score is always FUN to FUN!"

Please bring Shin Guards and a water bottle.

PRE REGISTRATION IS REQUIRED

KLS class status hotline (888) 372-5803

KIDZ LOVE SOCCER



FALL WEDNESDAY	9/19 – 11/14	
Location	Upper Washington Park	
Weeks	9	
Fee	\$110	
Tot/Pre-Soccer (Ages 3.5 – 5)	3:10 - 3:45 p.m.	Class# 11346
Soccer 1 (Ages 5 – 6)	3:45 - 4:30 p.m.	Class# 11345
Soccer Skillz & Scrimmages (Ages 7 – 10)	4:30 - 5:15 p.m.	Class# 11344

FALL SATURDAY	9/22 – 11/17	
Location	Upper Washington Park	
Weeks	9	
Fee	\$110	
Mommy/Daddy & Me Soccer (Ages 2 – 3.5)	12:15p.m.–12:45p.m.	Class# 11351
Tot-Soccer (Ages 3.5 – 4)	9:30a.m. – 10:00a.m.	Class# 11350
Pre-Soccer (Ages 4 – 5)	10:00a.m.–10:35a.m.	Class# 11349
Soccer 1 (5-6yrs)	10:35a.m.–11:20a.m.	Class# 11348
Soccer Skillz & Scrimmages (7-10yrs)	11:20a.m.–12:05p.m.	Class# 11347



Taiko Drumming

Beginning – Ages 10+

An introduction to the rhythms and movement of Japanese Taiko Drumming. Learn to play simple pieces while enjoying moderate aerobic exercise. There is a \$5 materials fee due to instructor at first session.

Instructor: Kaji Yama Taiko Group

Class# 11254		
Tuesdays	Sept 11 – Dec 11	7:30 p.m. – 8:30 p.m.
O'Club	No. of Sessions: 14	Fee: \$143.00

Taiko Drumming

Intermediate – Ages 10+

This class teaches more complex and physically demanding aspects of Japanese Taiko Drumming. It provides moderate to vigorous aerobic exercise and it will introduce the students to a full spectrum of skills. We may produce a small performance. There is a \$5 material fee, due to instructor at the first session.

Instructor: Kaji Yama Taiko Group

Class# 11255		
Tuesdays	Sept 11 - Dec 11	6:30 p.m. – 7:30 p.m.
O'Club	No. of Sessions 14	Fee: \$143

Tennis

Refer to page 25

ZumbAtomic (aka Zumba kids)

Grades K – 5

Zumbatomic® classes are high-energy fitness-parties that offer real results. Packed with specially choreographed routines and the latest music, like hip-hop, reggaeton and cumbia.

Class # 11318		
Friday	Sept 7 - 28	3:30 p.m. – 4:20 p.m.
Leydecker Park (Basketball Court)	No. of sessions 4	Fee: FREE

FACILITY & PARK RENTALS

ARPD Main Office

2226 Santa Clara Ave., 747-PLAY, ARPD@ci.alameda.ca.us

Maintenance Request Line

To report an issue in a park or facility 747-7542

Albert H. DeWitt O'Club

641 West Redline Ave., Alameda Point

A beautiful, historic facility available for parties, weddings, special events and family functions. The facility features wood paneling, crystal chandeliers, and a parquet dance floor. The O'Club is an ideal venue for wedding receptions, banquets, social gathering and conferences. Rental fee includes room set-up, janitorial service and staff supervision.

Resident Private Rental Fees (4 hour minimum)	
Main Dining Room (250 max)	\$150/hour
Trident Room (120 max)	\$125/hour
Terrace Room (90 max)	\$100/hour
Squadron Room (50 max)	\$50/hour
Security deposit applies to all rentals	\$500
Other fees may apply	

Recreation Centers at Bayport, Leydecker and Lincoln Parks

Rec Centers are available to individuals and organizations and are ideal for private parties, birthdays, showers, dinners and other social functions. Centers hold 22 – 240 people.

Resident Private Rental Fee (2 hour min)	\$90/hour
Security deposit	\$300
Additional fee structure and other fees may apply.	



Picnic Areas and Athletic Fields

These are available to individuals and organizations. Alcohol is not permitted. Picnic areas may be reserved from 9:00 a.m. – 8:00 p.m.

Picnic tables available at the following parks: Franklin, Godfrey, Krusi, Leydecker, Lincoln, Littlejohn, Tillman and Washington.

Resident Private Rental Fee (3 hour min)	\$50/hour
Other fees may apply	

Meyers House and Garden

2021 Alameda Ave.

Alameda's first and only House Museum and a beautiful space for wedding and small receptions. In addition, the Alameda Historical Museum sponsors a house tour the 4th Saturday of each month. Admission is \$3 per person and all proceeds are put back into the House and Gardens.

**For facility rental information,
inquire in the Recreation Office
(2226 Santa Clara Ave.)
or by emailing
ARPD@ci.alameda.ca.us**

A minimum advanced notice of seven working days is required. Facilities are not available on holiday weekends including: New Year's Eve, Martin Luther King Day, Presidents' Day, Easter, Memorial Day, July 4th, Labor Day, Veterans Day, Thanksgiving Day/Day After and Christmas Eve/Day.

AVAILABLE TO THE PUBLIC

Encinal and Grand Street Boat Ramps

ARPD maintains two free public boat launching ramps. Both Boat Ramps include a launching ramp, restrooms, and automobile and trailer parking. The Grand Street Boat Ramp also includes a fishing pier and fish cleaning facilities.

Bill Osborne Model Airplane Field

Free flying lessons are held from 8:30am – 11:30am Sundays by appointment only, weather permitting. Equipment provided by Aer-o-nuts. For more info, visit www.aero-manics.com. Fees are not required for flying model airplanes but proof of personal liability insurance is required.

FACILITIES & PARKS



ARPD Main Office

2226 Santa Clara Ave.

747-PLAY

ARPD@ci.alameda.ca.us

www.cityofalameda.gov/recreation

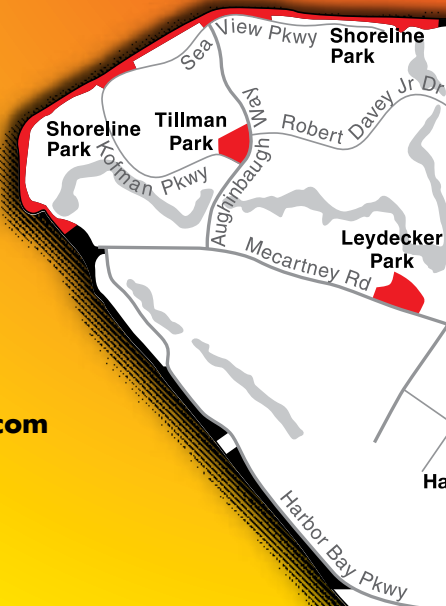
Online registration: www.arpdeplay.com

www.facebook.com/playARPD

Maintenance Request Line

to report an issue in a park or facility

747-7542



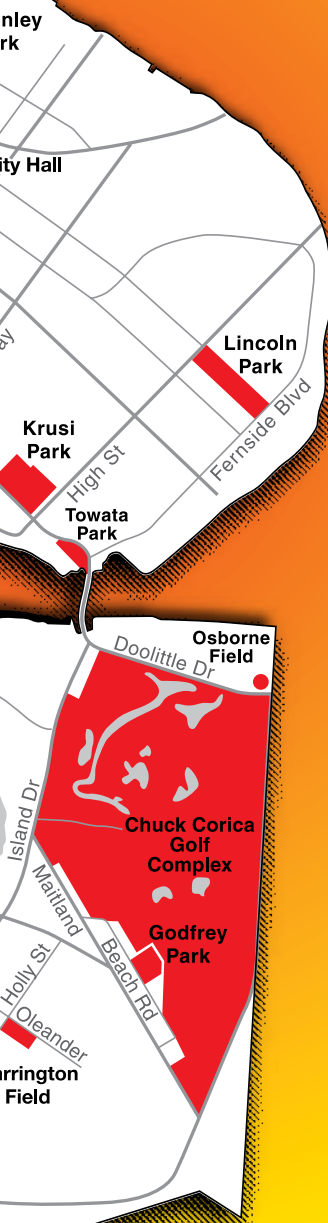
**ENJOY
ALL THAT THE
CITY OF
ALAMEDA
HAS TO
OFFER!**

FACILITIES & PARKS

**PULL-OUT
SECTION**

FACILITY AND PARK DIRECTORY

Alameda Point Gym	1101 West Redline Ave.	747-PLAY
Bayport Park	301 Jack London Ave.	263-1428
City View Skate Park (Alameda Point)	1177 West Redline Ave.	
Chuck Corica Golf Complex	1 Clubhouse Memorial Dr., Bay Farm Island	747-7800
Dog Park (Robert Crown Memorial Beach)	Next to Washington Park Tennis Courts	
Emma Hood Swim Center	2256 Alameda Ave.	
Encinal Boat Ramp	Central Ave. behind Encinal High	
Encinal Swim Center	230 Central Ave.	
Franklin Park	1432 San Antonio Ave.	522-3132
Godfrey Park	281 Beach Rd., Bay Farm Island	521-1551
Grand Street Boat Ramp	North End of Grand St.	
Harrington Field	3400 Oleander Ave., Bay Farm Island	
Jackson Park	2430 Encinal Ave.	
Krusi Park	900 Mound St.	522-4341
Leydecker Park	3225 Mecartney Rd., Bay Farm Island	521-1266
Lincoln Park/Harrison Center	1450 High St.	523-6222
Littlejohn Park	1401 Pacific Ave.	523-1510
Longfellow Park	520 Lincoln Ave.	522-5262
Main Street Linear Park	Atlantic Ave.	
Marina Cove Waterfront Park	1591 Clement St.	
Mastick Senior Center	1155 Santa Clara Ave.	747-7500
McKinley Park	2165 Buena Vista Ave.	522-6161
Meyers House Museum & Garden	2021 Alameda Ave.	521-1247
Neptune Park	2301 Webster St.	
Albert H. DeWitt "O" Club	641 West Redline Ave.	747-PLAY
Bill Osborne Model Airplane Field	Doolittle Dr. at Harbor Bay Pkwy, Bay Farm Island	
Rittler Park	1400 Otis Dr.	
Shoreline Park	2801 Seaview Parkway, Bay Farm Island	
Tillman Park	220 Aughinbaugh Wy., Bay Farm Island	521-8307
Underground Teen Center	Veteran's Building, Rm 170	748-9466
Veteran's Memorial Building	2203 Central Ave.	864-4017
Towata Park	3315 Bridgeway Isle, Bay Farm Island	
Washington Park	740 Central Ave.	521-0162
Woodstock Park	351 Cypress St.	521-0656



LIBRARY

ALAMEDA FREE LIBRARY

The Alameda Free Library serves our community at three locations with a variety of services, including current and historic materials, internet access, books on audio, CDs, DVDs, storytimes, reference services, tax forms, foreign language materials, online databases, and special programs. The Main Library also features small group study rooms, larger meeting facilities and a café.

Main Library

1550 Oak Street	510-747-7777
Mon - Wed	12 p.m. – 8 p.m.
Thurs	10 a.m. – 6 p.m.
Fri – Sat	10 a.m. – 5 p.m.
Sun	1 p.m. – 5 p.m.
Closed	Holidays

Bay Farm Island Library

3221 Mecartney Road	510-747-7787
Mon & Thurs	10 a.m. – 6 p.m.
Tues	12 p.m. – 8 p.m.
Sat	10 a.m. – 5 p.m.
Closed	Wed, Fri, Sun & Holidays

West End Library

788 Santa Clara Avenue	510-747-7767
Mon	12 p.m. – 8 p.m.
Wed & Thurs	10 a.m. – 6 p.m.
Sat	10 a.m. – 5 p.m.
Closed	Tues, Fri, Sun & Holidays

READY to go!

677 West Ranger Avenue	Alameda Free Library's newest branch!
Open 24/7, this book vending machine is READY to go!	

Alameda Reads

**Free tutors help adults read and write better.
Want to be a tutor? Need a tutor?**

Call us: 510-865-2454	2203 Central Avenue
Mon – Wed: 9am – 2pm	Thurs: 4 p.m. – 8 p.m.

Online Services

The Alameda Free Library's website allows you to check our catalog online, check your library account, place holds, and renew materials. You also have access to electronic databases containing thousands of full-text magazine, journal, and book articles, as well as tutoring services for students through our Live Homework Help® link! www.alamedafree.org

Follow Us!

The Alameda Free Library is on the web. Follow us on Twitter at @alamedafree or friend us on Facebook and keep up to date on what's new at the Library.

Storytimes

Mama Goose Storytime	Ages 1 – 3
Main Library	Saturdays 10 a.m.
Peter Rabbit Storytime	Ages 3 – 5
West End Library	Wednesdays 10:30 a.m.
Main Library	Thursdays 10:30 a.m.
School-Age Storytime	Ages 5 – 8
Main Library	Wednesdays 3:30 p.m.
Family Storytime	All ages
Main Library	Sundays 2 p.m.
Bay Farm Island Library	Tuesdays 7 p.m.
Alameda Community Sing-Along	Ages 0 – 3
Main Library	Mondays 10:15 a.m.

Ongoing Programs

Alameda Library Book Group

Second Monday of each month 7pm
Call 510-747-7713 for more information

Children's Book Clubs

Call 510-747-7705 for dates and times

Special Programs for Children

The Library has lots of special programs going on this fall. Check us out at www.alamedafree.org or call 747-7705 for dates, times, and locations.

Museum of Children's Art Drop-in Art Programs

For children ages 5 and up. Join your friends and a Professional Teaching Artist from MOCHA and make something wild and wonderful.

Family Game Day

For children in second through eighth grade and their favorite adults. Challenge your favorite adult to cards, a board game, or even the Wii!

Spooky Night

For children ages 5 and up and their favorite adults. Come visit one of Alameda's favorite haunts for some tricks and treats this Halloween season.

We Love Legos

For children ages 3 and up and their favorite adults. We'll give you a suggested challenge, you add imagination, the library's Legos, and your building skills. The results are up to you!

Paws to Read

Children in kindergarten through fifth grade get to read their favorite books to certified therapy pets.

ALAMEDA WALKS

2012 Schedule

Walks begin at 9 a.m. and last approximately one hour, unless indicated. Look for the red Alameda Walks hats! While we love the furry pets, we prefer that they wait for you at home unless designated as a pet walk.

Sept 1	Labor Day Holiday No Walk Scheduled!!!!
Sept 8	Stroller Walk for Babies & Parents Bay Farm Lagoon Walk Meet at the Harbor Bay Community Center parking lot, 3195 McCartney Road. Inviting all parents with children still in a baby stroller to come and get outside. Baby treats provided
Sept 15	Alameda Architectural Walk Explore Alameda Neighborhoods NEW Meet at Edison School Playground, corner of Lincoln and Versailles. Dennis Evanovsky and Eric Kos will lead this walk. <i>Note: walk lasts 1 hour 15 minutes</i>
October 6	Owner and Pet Walk II Inviting all Pet owners NEW Meet at Washington Park Dog Park entrance, Lower Washington Park along 8th Street. This walk will allow pet owners and their pets an opportunity to enjoy Alameda Walks together. Dog treats provided.
October 13	Indian Shell Mound Revisited Sather Mound Meet at Lincoln Park, 1450 High Street in front part of Park closest to High Street. Dennis Evanovsky and Eric Kos will lead this walk. <i>Note: walk lasts 1 hour 15 minutes</i>
October 20	Alameda Youth Walk Inviting all Alameda Youth NEW Meet at Woodstock Center, 351 Cypress Street. Explore west end of Alameda and youth opportunities.
December 8	Holiday Walk Meet at Lincoln & Gibbons.



34th Annual Holiday Boutique

Friday, November 2, 12:00 noon to 8:00 p.m.
Saturday, November 3, 10:00 a.m. to 4:00 p.m.
Veteran's Memorial Building, 2203 Central Ave

FREE ADMISSION – Over 50 Crafters
All items are homemade and hand crafted

Proceeds benefit the "Leisure Club", a recreation program for developmentally disabled teens and adults; a non-profit organization sponsored by the Alameda Recreation and Park Department.



CHUCK CORICA GOLF COMPLEX

1 Clubhouse Memorial Drive
747-7800 • www.golfinalameda.com

A golfers destination with 45 holes of challenging, yet enjoyable golf, a staff of PGA Professionals, pro shop, night lighted driving range, teaching academy, practice areas, restaurant, lounge and 9-hole Mif Albright course. Perfect for beginners and seniors. The Earl Fry (North) and Jack Clark (South) Courses offer two scenic and challenging championship layouts that will challenge anyone's golfing skills. Call to reserve starting times or schedule a tournament. Our staff of highly trained professionals can provide assistance in club fitting, apparel, golf equipment, club repair and lessons.

Golf Commission

Jane Sullwold, Chair; Ray Gaul, Vice-Chair; Betsy Gammell; Bill Schmitz; Jeff Wood



Lucious Bateman Driving Range

- 6:00 a.m. – 9:00 p.m.
- Synthetic surface with target greens
- Top Flite super range balls
- Custom club fitting by trained experts
- Lighted driving range
- Covered hitting stalls during inclement weather
- Club Repair

Norma Arnerich Teaching Academy

- Private teaching stalls
- Indoor teaching center
- State of the art video equipment
- Individual and group lessons available.



Residents (without cart)	Monday -Friday	Sat, Sun, & Holidays
General	\$28.00	\$35.00
Senior (Age 60 & Above)	\$23.00	\$35.00
Junior *Earl Fry	\$1.00 (after 12:00)	\$1.00 (after Twilight)
Twilight (2 p.m. in summer & 1 p.m. in winter)	\$23.00	\$25.00
Late Twilight (6 p.m. in summer & 3 p.m. in winter)	\$17.00	\$17.00
9-holes (1st 2-hours of the day)	\$19.00	\$22.00
Tournament	\$50.00	\$60.00
Tournament (Senior)	\$38.00	\$60.00

Junior Golfer After School Program

This creative and innovative program will provide Junior Golfers ages 7-17 with instructional clinics covering full swing, short game, and putting.

Thursdays	4:00 p.m. – 5:00 p.m.	\$50/month
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TENNIS

Locations

Krusi Tennis Courts	Otis Dr. & High St.
Fairfield Tennis Courts	740 Central Ave. 8th St. (Lower Washington Park)
Leydecker Tennis Courts	3225 Mecartney Rd. (Bay Farm Island)

Adult Tennis

Ages 18+

Monday Morning Tennis Class

Now is the time to make those changes to your strokes that will raise your game a notch. Each class includes instructor tips, drills, strategy and tactics.

Fairfield Tennis Courts	Mondays, 9:00 a.m. – 10:00 a.m.	
Sept. 17 – Oct. 22	\$100	Class# 11335
Oct. 29 – Dec 3	\$100	Class# 11336
Drop In	\$20 per class	
<i>Rain outs will be made up at the end of each session.</i>		

Group Lessons

Whether you are a beginner playing for the first time or an experienced player trying to hone your skills, ARPD can help improve your game.

Beginners

Leydecker Tennis Courts	Tues and Thur, 6:30 p.m. - 7:30 p.m.
Fee: \$100 per session	Drop In \$20 per class
Sept. 4 – Sept. 20	Class# 11327
Sept. 25 – Oct. 11	Class# 11328
Oct. 16 – Nov. 1	Class# 11329

Intermediate/Advanced

Leydecker Tennis Courts	Tues and Thur, 6:30 p.m. - 7:30 p.m.
Fee: \$100 per session	Drop In \$20 per class
Sept. 4 – Sept. 20	Class# 11331
Sept. 25 – Oct. 11	Class# 11332
Oct. 16 – Nov. 1	Class# 11333



Youth Tennis

Ages 5 – 18

The goal of each lesson is to teach one or more of the skills necessary in the game of tennis. Footwork, stroke development, and drill exercises are all used to help you learn or improve your game.

Beginner/Intermediate

Krusi Tennis Courts	Tues and Thur, 4:00 p.m. – 6:00 p.m.
Fee: \$200 per session	Drop In \$40 per class
Sept. 4 – Sept. 20	Class# 11337
Sept. 25 – Oct. 11	Class# 11338
Oct. 16 – Nov. 1	Class# 11339

Advanced

Krusi Tennis Courts	Wed and Fri, 4:00 p.m. – 6:00 p.m.
Fee: \$200 per session	Drop In \$40 per class
Sept. 5 – Sept. 21	Class# 11340
Sept. 26 – Oct. 12	Class# 11341
Oct. 17 – Nov. 2	Class# 11342

Private And Semi Private Tennis Instruction

All Ages

Alameda Recreation and Park Department tennis instructors are available for private and semi-private instruction year round for adults and youth. Time and location of the lessons are flexible and arranged upon request. Our instructors are experienced tennis teachers, many of whom are certified professionals. To schedule: 510-747-PLAY or ARPD@ci.alameda.ca.us

Private Instruction	
1 hour lesson	\$45
4 one-hour lessons	\$180
Semi Private (Must have partner)	
1 hour lesson	\$60
4 one-hour lessons	\$240
Semi-private prices are for two participants	



CLASS LOCATIONS

Alameda Aikikai	(510) 523-0392 2025 Clement Avenue
Alameda Ballet Academy	(510) 337-1929 1402 Park Street
Dance 10 Performing Arts Center	(510) 522-5678 900 Santa Clara Avenue
Ruby's Tumbling	(510) 337-0846 2451 Santa Clara Avenue
Temple Israel	(510) 522-9355 3183 Mecartney Road
Twin Towers Church	(510) 522-6744 1411 Oak Street
ARPD recreational facilities	Refer to page 21

DANCE

Argentine Tango

Milonguero Style for Beginners Level 1

Argentine Tango, Argentine Vals and Milongo are improvisational dances in which a couple interprets the music using subtle body movement emphasizing musicality while moving along the line dance in the social setting. Couples and singles welcome.

Instructor: Jurek Mazur

Class# 11262

Thursday	Sept 13 – Nov 15	6:30 p.m. – 7:30 p.m.
Veterans Bldg	No. of Sessions: 10	Fee: \$103 per person



Ballet – Introduction

This is the class for you, if ...

- You've always dreamed of learning Ballet
- You studied Ballet as a child
- You're looking for a class that will strengthen your body and mind and feed your soul.
- You would like to be leaner, stronger, flexible, musical, and have better balance.

Instructor: Julie Lowe; Former Principal Dancer, Oakland Ballet; Master Teacher, Ballroom Dance Teachers College

Class# 11263

Tuesday	Sept 25 – Nov 13	7:30 p.m. – 8:45 p.m.
Ala. Ballet	No. of Sessions: 8	Fee: \$160

Ballroom Dance Basics

Ballroom Dance is fun exercise and keeps your brain sharp! We will learn and practice steps from Nightclub Two Step and East Coast Swing. Comfortable shoes a must! Couples and singles welcome.

Instructor: Paula Wujek

Class # 11256

Tuesdays	Sept 4 – Oct 16	7:00 p.m. – 8:00 p.m.
Veteran's Bldg	No. of sessions 6	Fee: \$103 per person
No class Oct 9th		

Broadway Jazz

This class combines classical jazz technique with Broadway-style routines and music. Routines change regularly to keep you on your toes and able to learn material and styles quickly. This is an Advanced-Beginner/Intermediate level and some dance background is helpful. Jazz shoes required.

Instructor: Christina Lazo

Class# 11270

Tuesday	Sept 11 – Dec 18	9:00 p.m. – 10:00 p.m.
Dance 10	No. of sessions 14	Fee: \$220
No class Nov 20th		

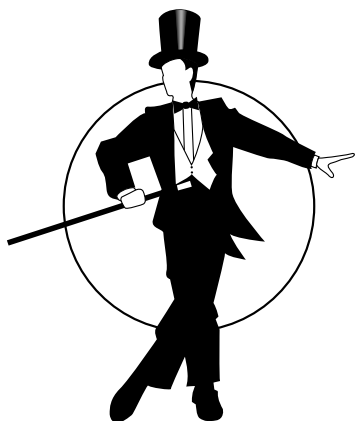
Power Barre

Fitness class combining Yoga, Pilates and Ballet Barre exercises. Gain strength and flexibility in this fun and challenging group exercise class. Class uses free weights. Encouraged to bring your own yoga mat.

Instructor: KT

Class# 11265

Saturday	Sept 15 – Nov 17	11:00 a.m. – 12 noon
Dance 10	No. of sessions 10	Fee: \$110.



Square Dance - Introduction

Ages 8 - Adult

Square Dancing is friendship set to music! It is an aerobic, interactive cooperative dance form. No partner or special costume required. Please wear comfortable shoes. This class will introduce the BASIC program of Square Dance.

Instructor: Charles Clay

Class# 11264		
Wednesday	Sept 5 - Oct 31	7:00 p.m. - 8:30 p.m.
Leydecker	No. of Sessions: 9	Fee: \$30

Tap

This dance class includes an introduction to musicality, clarity of tap sounds, proper technique, speed, and a variety of styles of steps. Students should be dressed in athletic wear. Tap shoes required.

Instructor: Pamm Drake

Class# 11268		
Wednesday	Sept 12 - Dec 19	1:30 p.m. - 2:30 p.m.
Dance 10	No. of sessions 14	Fee: \$240
No class Nov.21st		
Class# 11269		
Tuesday	Sept 11 - Dec 18	8:00 p.m. - 9:00 p.m.
Dance 10	No. of sessions 14	Fee: \$240
No class Nov 20th		

Tappercize

Tappercize is tap, exercise, social, and fun! Increase your flexibility, strength, range of motion, coordination and balance in a safe environment. Tap shoes or hard sole shoes required.

Instructor: Dolores Helman

Class # 11315		
Tuesday	Sept 25 - Dec 4	10:00 a.m. - 11:00 a.m.
Veteran's Bldg	No. of sessions 10	Fee: \$88
No class Oct 30th		

ENRICHMENT

The Alexander Technique:

Your Best Ergonomic Friend at work

Sitting at your computer or driving your car for extended periods of time both require a great deal of musculoskeletal effort. Learn how to observe yourself, detect harmful postural habits, and put the principles of Alexander Technique into practice.

Instructor: Lenka Fejt

Class# 11210	Saturday	Oct 6
10:00 a.m. - 12 noon	Leydecker	Fee: \$23

Indian Cooking

Indian Cuisine is a reflection of India's colorful kaleidoscope of cultures, languages and religions. Join us in this hands-on class where students learn about health properties of spices while preparing spice mixtures/pastes and amazing Indian dishes!

Instructor: Meela Shah

Class#11208		
Saturday	Oct 13	10:00 a.m. - 1:30 p.m.
Leydecker	Fee: \$53	Plus \$11 supply fee due at class

Retirement and Estate Planning

Take time now to prepare for your life in retirement. Join us to learn how you can make your money last with the goal of providing a stable, steady retirement income. In addition, learn more about the benefits of trusts in estate planning, help reduce taxes on your estate, and much more.

Instructor: Daniel Jew

Class# 11314		
Wednesday	Sept 5 - Sept 26	5:30 p.m. - 7:30 p.m.
Veteran's Bldg	No. of sessions 4	Fee: \$53



ADULTS - ENRICHMENT & SPORTS

Singing Lessons - Private

Private Singing Lessons are the key to singing with a powerful, beautiful voice. Let Latimerlo Studio staff take you to the next level. Be sure to impress at your next audition, performance, or the karaoke night!

Instructor: The Latimerlo Studio

Thursdays	Veteran's Bldg Rm 350	
Fee: \$206	per 4 week session	
Class# 11234	Sept 13 - Oct 4	5:00 p.m. - 5:45 p.m.
Class# 11235	Sept 13 - Oct 4	5:45 p.m. - 6:30 p.m.
Class# 11236	Sept 13 - Oct 4	6:30 p.m. - 7:15 p.m.
Class# 11237	Sept 13 - Oct 4	7:15 p.m. - 8:00 p.m.
Class# 11238	Oct 11 - Nov 1	5:00 p.m. - 5:45 p.m.
Class# 11239	Oct 11 - Nov 1	5:45 p.m. - 6:30 p.m.
Class# 11240	Oct 11 - Nov 1	6:30 p.m. - 7:15 p.m.
Class# 11241	Oct 11 - Nov 1	7:15 p.m. - 8:00 p.m.
Class# 11242	Nov 8 - Dec 6	5:00 p.m. - 5:45 p.m.
Class# 11243	Nov 8 - Dec 6	5:45 p.m. - 6:30 p.m.
Class# 11244	Nov 8 - Dec 6	6:30 p.m. - 7:15 p.m.
Class# 11245	Nov 8 - Dec 6	7:15 p.m. - 8:00 p.m.
No Class on Nov 22nd		

SPORTS

Aikido

Aikido is a martial art, self-defense system, which primarily emphasizes the use of redirecting the attacker's energy as opposed to meeting force with force, and not based on physical strength, but technique. Learned techniques include: joint locks, holds, and body throws.

Instructor: Elmer Tancinco

Class# 11279

Tuesday	Sept 11 - Oct 30*	6:00 p.m. - 7:15 p.m.
Thursday	Sept 13 - Nov 1*	6:00 p.m. - 7:00 p.m.
Saturday	Sept 15 - Nov 3*	10:15 a.m. - 11:15 a.m.
Alameda Aikikai	No. of Sessions: 8	Fee: \$63

*You may choose any 8 sessions from these weeks.

Aikido with Tom Reed

The martial art Aikido is often thought of as a soft or internal art. When the term soft or internal is used to describe a martial, it means that technique, timing and efficiency, rather than strength, are emphasized in the movements.

Instructor: Tom Reed

Class# 11214

Mon & Wed	Sept 5 - 26	7:30 p.m. - 8:30 p.m.
O'Club	No. of Sessions 7	Fee: \$53

Class# 11215

Mon & Wed	Oct 1 - 31	7:30 p.m. - 8:30 p.m.
O'Club	No. of Sessions 10	Fee: \$53

Class# 11216

Mon & Wed	Nov 5 - 28	7:30 p.m. - 8:30 p.m.
O'Club	No. of Sessions 7	Fee: \$53

No class Nov 12th

Class# 11217

Mon & Wed	Dec 3 - 19	7:30 - 8:30 p.m.
O'Club	No. of Sessions 6	Fee: \$53

Basketball

Refer to Gym - Open Volleyball & Basketball on opposite page



Circuit Training

Start today! Improve the quality of your life with basic strengthening and conditioning exercises. All fitness levels welcome.

This class offers free babysitting for your convenience.

Instructor: Cata Stewart

Class# 11273		
Tue & Thur	Sept 4 – Sept 27	6:30 p.m. – 7:30 p.m.
Leydecker	No. of sessions 8	Fee: \$43
Babysitting	Class# 11353	
Class# 11274		
Tue & Thur	Oct 2 – Nov 1	6:30 p.m. – 7:30 p.m.
Leydecker	No. of sessions 10	Fee: \$53
Babysitting	Class# 11354	
Class# 11275		
Tue & Thur	Nov 6 – Dec 20	6:30 p.m. – 7:30 p.m.
Leydecker	No. of sessions 13	Fee: \$68
Babysitting	Class# 11355	
No class on Nov 22nd		

Fitness Conditioning and Combat Workout

Get fit by learning basic self-defense techniques. Learn and practice basic boxing, kickboxing and self defense moves. This class is perfect for young adults, adults who wish to improve their fitness level, and those who want to learn to defend themselves (minors must be accompanied by a parent).

Instructor: Elmer Tancinco

Class# 11213		
Wednesday	Sept 12 – Oct 31	7:00 p.m. – 8:15 p.m.
Alameda Aikikai	No. of Sessions: 8	Fee: \$53

Football - Flag

Lower Washington Field, 740 Central Ave.

Team sign up forms and deadlines available on our website or at the ARPD office. All participants must be 18 years and older.

Saturday Mornings	Starts Sept. 8 (10 games)
\$600 Resident Teams	\$650 Non-Resident Teams

Gym - Open Volleyball & Basketball

Alameda Recreation and Park Department Adult Open Gym is year-round every Sunday night at the Alameda Point Gym excluding holidays and holiday weekends. If you're competitive, want to get some exercise or just getting back into your sport, check this out. Volleyball and basketball for all to enjoy.

Sundays	6:00 p.m. – 9:00 p.m.	Fee: \$6.00 payable at the door
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Golf

Learn Golf fundamentals including: golf swing, using irons and woods, and chipping and putting techniques. Clubs provided for all those without them. Rubber soled shoes are recommended. Enrollment is limited.

Instructor: Randy Herzberg

Class# 11444		
Fridays	Sept 14 – Oct 19	9:30 a.m. – 10:30 a.m.
Godfrey Field	No. of sessions 6	Fee: \$53
Class# 11445		
Fridays	Sept 14 – Oct 19	10:30 a.m. – 11:30 a.m.
Godfrey Field	No. of Sessions 6	Fee: \$53

Refer to page 24 for more Golf info.



Hawaiian Jujitsu

Ages 15+

Hawaiian Jujitsu is an oriental system of Martial Art using anatomical knowledge and the principle of leverage against the strength and weight of an aggressor. Learn street self-defense, grappling, and traditional Jujitsu (Kodenkan).

Instructor: Chris Peterson

Class# 11200		
Tue & Thur	Sept 11 – Oct 4	7:00 p.m. – 8:30 p.m.
Twin Towers	No. of Sessions 7	Fee: \$47
No class Sept 27		
Class# 11201		
Saturday	Sept 8 – Sept 22	11:30 a.m. - 1:00 p.m.
Twin Towers	No. of Sessions: 3	Fee: \$38
Class# 11202		
Tue & Thur	Oct 9 – Nov 1	7:00 p.m. – 8:30 p.m.
Twin Towers	No. of Sessions: 8	Fee: \$53
Class# 11203		
Saturday	Oct 6 – Oct 27	11:30 a.m. – 1:00 p.m.
Twin Towers	No. of Sessions: 4	Fee: \$48
Class# 11204		
Tue & Thur	Nov 6 – Nov 29	7:00 p.m. – 8:30 p.m.
Twin Towers	No. of Sessions: 7	Fee: \$47
No class Nov 22		
Class# 11205		
Saturday	Nov 3 – Nov 24	11:30 a.m. – 1:00 p.m.
Twin Towers	No. of Sessions: 3	Fee: \$38
No class Nov 17		
Class# 11206		
Tue & Thur	Dec 4 – Dec 20	7:00 p.m. – 8:30 p.m.
Twin Towers	No. of Sessions: 6	Fee: \$41
Class# 11207		
Saturday	Dec 1 – Dec 15	11:30 a.m. - 1:00 p.m.
Twin Towers	No. of Sessions: 3	Fee: \$38

Jazzercise – Park Street

Jazzercise on Park St is located inside Alameda Ballet Academy (ABA), 1402 Park Street, 2nd floor. The fresh music and fun moves of Jazzercise meet all your fitness needs - Cardio, Strength, and Stretch in just one hour! For more information visit www.jazzercentral.com. Registration is available for new customers. Child care available in our MWF 9:30 a.m. class for a nominal fee. Instructors: Kriste Falkner, Judy Judy, Michele Germany

Class# 11199		
Sept 10 – Dec 1	Mon, Wed, Fri	6:00 a.m. – 7:00 a.m.
	Mon through Fri	8:30 a.m. – 9:30 a.m.
	Mon, Wed, Fri	9:30 a.m. – 10:30 a.m.
	Mon through Thur	6:30 a.m. – 7:30 p.m.
	Saturday	8:00 a.m. – 9:00 a.m.
	Saturday	9:00 a.m. – 10:00 a.m.
	Sunday	9:00 a.m. – 10:00 a.m.
	Sunday	10:00 a.m. – 11:00 a.m.
13 weeks unlimited attendance		Fee: \$62

Jazzercise – Bay Farm Island

Jazzercise on Bay Farm Island offers two locations: Temple Israel Social Hall (air conditioned) and Twin Towers Church Gym. Unlimited class attendance for this 13-week session is available for new students. Dress in exercise clothes you can sweat in. All ages, levels and sizes welcome, so come join us today! For more information, visit www.jazzerkaren.com.

Instructor: Karen Park

Class# 11209	
Sept 10 – Dec 15	14 weeks unlimited attendance: \$99
Temple Israel Social Hall, 3183 Mecartney Road	
Mon, Tues, Wed & Fri	9:00 a.m. – 10:00 a.m.
Mon, Tue, Wed	5:30 p.m. – 6:30 p.m.
Friday	5:15 p.m. – 6:15 p.m.
Twin Towers Church Gym, Oak & Central, 1411 Oak Street	
Saturday	9:00 a.m. – 10:00 a.m.





Low Impact Boot Camp

Start Today! Improve the quality of your life by taking part in our total body fitness program. Enjoy cardiovascular strength and conditioning, complete upper and lower body toning. Wear comfortable clothing and athletic shoes.

This class offers free babysitting for your convenience.

Instructor: Cata Stewart

Class# 11261		
Tue & Thur	Sept 4 – Sept 27	7:30 p.m. – 8:30 p.m.
Leydecker	No. of sessions 8	Fee: \$43
Babysitting	Class# 11356	
Class# 11271		
Tue & Thur	Oct 2 – Nov 1	7:30 p.m. – 8:30 p.m.
Leydecker	No. of sessions 10	Fee: \$53
Babysitting	Class# 11357	
Class# 11272		
Tue & Thur	Nov 6 – Dec 20	7:30 p.m. – 8:30 p.m.
Leydecker	No. of sessions 13	Fee: \$68
Babysitting	Class# 11358	
No class on Nov 22nd		

Low Impact Cardio Stretch/Relaxation

Low impact gentle aerobic workout. Gently firm and stretch to experience an overall conditioning of the body. Suitable for those just starting an exercise program, or desiring a lower pace class.

Instructor: Toya Alexander

Class# 11257		
Tue & Thur	Sept 11 – Oct 4	9:00 a.m. – 10:00 a.m.
Harrison Center	No. of Sessions: 8	\$46/Seniors \$44
Class# 11258		
Tue & Thur	Oct 9 – Nov 1	9:00 a.m. – 10:00 a.m.
Harrison Center	No. of Sessions: 8	\$46/Seniors \$44.
Class# 11259		
Tue & Thur	Nov 6 – Nov 29	9:00 a.m. – 10:00 a.m.
Harrison Center	No. of sessions 7	\$41/Seniors \$39
No class Nov 22		
Class# 11260		
Tue & Thur	Dec 4 – Dec 20	9:00 a.m. – 10:00 a.m.
Harrison Center	No. of Sessions: 6	\$36/Seniors \$34



Swim – Lap

Age 16+

Encinal Swim Center, 230 Central Ave. (entrance on 3rd St.) Kickboards are provided. Children not to be left on pool deck unattended during lap swim. Fees are to be paid prior to admittance.

Mon and Wed	Sept 10 - Nov 7, 2012	7:15 p.m. – 8:45 p.m.
Adults	\$5 Resident	\$6 Non-Resident
Senior	\$3 Resident (50+)	\$4 Non-Resident

Tai Chi

Shaolin Tai Chi Praying Mantis Kung Fu

A study and practice workshop in the form and theories of Tai Chi Chuan and Shaolin Kung Fu. This class will cover Qi-Gong, Meditation, Self-defense as well as the movements of The Yang 24 style Tai Chi Chuan and Shaolin Kung Fu. Suitable for all levels of training.

Instructor: G.D. French

Class# 11211		
Wednesday	Sept 12 – Oct 31	7:00 p.m. – 8:30 p.m.
Harrison Center	No. of Sessions: 8	Fee: \$43

Tai Chi

Tai Chi Chaun

A study of the form & theory of Tai Chi Chuan. This class will cover Qi Gong, Meditation, Self-Defense as well as the movements of the Yang 24 style, Tai Chi Chaun. Offered in cooperation with the Bay Shaolin Kung-Fu & Holistic Health Enterprise a member of the CCK Tai Chi Praying Mantis Federation. Suitable for all levels of training.

Instructor: G.D. French

Class# 11212		
Monday	Sept 10 – Oct 29	7:00 p.m. – 8:30 p.m.
Harrison Center	No. of Sessions: 8	Fee: \$43

Taiko Drumming

Ages 10+

Beginning

An introduction to the rhythms and movement of Japanese Taiko Drumming. Learn to play simple pieces while enjoying moderate aerobic exercise. There is a \$5 materials fee due to instructor at first session.

Instructor: Kaji Yama Taiko Group

Class# 11254		
Tuesdays	Sept 11 – Dec 11	7:30 p.m. – 8:30 p.m.
O'Club	No. of Sessions: 14	Fee: \$143

Intermediate

This class teaches more complex and physically demanding aspects of Japanese Taiko Drumming. It provides moderate to vigorous aerobic exercise and it will introduce the students to a full spectrum of skills. We may produce a small performance. There is a \$5 material fee, due to instructor at the first session.

Instructor: Kaji Yama Taiko Group

Class# 11255		
Tuesdays	Sept 11 - Dec 11	6:30 p.m. – 7:30 p.m.
O'Club	No. of Sessions 14	Fee: \$143

Tennis

Refer to page 25

Volleyball

Refer to Gym – Open Volleyball & Basketball on page 29



Volleyball – Monday Night League

At the Alameda Point Gym 6pm to 9pm

Alameda Point Gym Volleyball in Partnership with VBMatch.com and ARPD hosts volleyball leagues, tournaments and clinics for community members.

The Monday Night Volleyball League offers a high level of competition for players who previously competed at the high school varsity level or higher. The format of the Monday League is Dual-Coed 6s. Teams comprise of 3 men and 3 women. Half the games are Coed format (played on a Men's Net) and the other half are Reverse-Coed format (played on a Women's Net with men hitting from back-row). The Dual-Coed league helps level the playing field and makes it fun for everyone by involving both men and women in the offense and defense.

In addition to the Monday League, we also host single-day volleyball tournaments on weekends. During the fall, winter and spring seasons, we offer indoor tournaments with 4-on-4 or 6-on-6 competition. During the summer and fall seasons, we offer outdoor grass volleyball tournaments with 2-on-2 or 4-on-4 competition.

For those who wish to brush up on their volleyball skills, we offer volleyball instruction via clinics from time-to-time. Volleyball activities are fun, social and competitive. We hope to see you on the court soon! For more information and the dates of specific events, please visit www.vbmatch.com or contact Dennis McDaniels, Recreation Specialist at (510) 747-7586.

Yoga - Body & Mind

Combine stretching, stillness, and stamina to give your body a well-rounded yoga workout. Enhance your energy, gain flexibility, increase strength, and reduce your aches and pains. Open for all levels. Wear loose clothing and have an empty stomach.
Instructor: Toya Alexander

Class # 11220		
Tuesdays	Sept 11 – Oct 9	6:30 p.m. – 7:30 p.m.
Harrison Center	No. of sessions 5	Fee: \$43
Class # 11219		
Tuesdays	Sept 11 – Oct 9	7:40 p.m. – 8:40 p.m.
Harrison Center	No. of sessions 5	Fee: \$43
Class# 11221		
Tuesdays	Oct 16 – Nov 13	6:30 p.m. – 7:30 p.m.
Harrison Center	No. of sessions 5	Fee: \$43
Class# 11222		
Tuesdays	Oct 16 – Nov 13	7:40 p.m. – 8:40 p.m.
Harrison Center	No. of sessions 5	Fee: \$43
Class# 11223		
Tuesdays	Nov 20- Dec 18	6:30 p.m. – 7:30 p.m.
Harrison Center	No. of sessions 5	Fee: \$43
Class# 11224		
Tuesdays	Nov 20- Dec 18	7:40 p.m. – 8:40 p.m.
Harrison Center	No. of sessions 5	Fee: \$43

Yoga - Gentle Stretch

Experience the benefits of gentle stretches and poses that energize your body. Relaxation and guided meditation centers body and mind. Start your day with a gentle yoga workout. Suitable for all levels. Empty stomach required.
Instructor: Toya Alexander

Class# 11225		
Mon & Wed	Sept 10 – Oct 3	9:00 a.m. – 10:00 a.m.
Harrison Center	No. of sessions 8	\$46; Seniors \$44
Class# 11226		
Mon & Wed	Oct 8 – Oct 31	9:00 a.m. – 10:00 a.m.
Harrison Center	No. of sessions 8	\$46; Seniors \$44
Class# 11227		
Mon & Wed	Nov 5 – Nov 28	9:00 a.m. – 10:00 a.m.
Harrison Center	No. of sessions 7	\$41; Seniors \$39
No class Nov 12th		
Class# 11228		
Mon & Wed	Dec 3 – Dec 19	9:00 a.m. – 10:00 a.m.
Harrison Center	No. of sessions 6	\$36; Seniors \$34

Zumba

Zumba is a Latin inspired dance-fitness program that blends red-hot international music, created by Grammy award producers, with contagious dance steps. Drop in \$12 per class.

This class offers free babysitting for your convenience.
Instructor: Dee Tayag

Class# 11230		
Mon & Wed	Sept 10 – Oct 8	6:30 p.m. – 7:30 p.m.
Veterans Bldg	No. of Sessions 8	Fee: \$83
Babysitting	Class# 11359	
No Class on Sept 17		
Class# 11231		
Mon & Wed	Oct 10 – Nov 7	6:30 p.m. – 7:30 p.m.
Veterans Bldg	No. of Sessions: 8	Fee: \$83
Babysitting	Class# 11360	
No Class on October 15		

Want to learn something new?

Tell us what it is!
We want your ideas for new classes.

And if you teach,
then let us know that too.

747-7511
mthomas@ci.alameda.ca.us

COMING SOON

Adult Sports

in 2013

Sunday Night Adult Open Basketball League - January 2013
Spring Men's and Co-ed Softball - April 2013
Adult Co-ed Kickball Leagues - Spring 2013

SENIORS - ARTS & CRAFTS

SENIOR CENTER

RECREATION, EDUCATION, SERVICES & SOCIALIZATION

Mastick Senior Center

1155 Santa Clara Avenue, Alameda, CA • (510) 747-7500

Website: www.mastickcenter.com

e-mail: jkrause@ci.alameda.ca.us

Programs and services for adults 50 and older.

Weekday Program Hours: 8:30 a.m. to 4:00 p.m.

Saturday: 10:00 a.m. to 2:30 p.m.



ARTS & CRAFTS

Beaded Jewelry Making

Monday (3rd)	9:30 a.m. – 12:00 Noon
Fee	\$15 per person per class

Card-making Class

Monday (2nd)	10:00 a.m. – 12:00 Noon
Fee	\$5 per person per class

Ceramics

Beginning	
Thursday	9:30 a.m. – 11:30 a.m.
Fee	\$95 per term
Advanced	
Thursday	12:00 Noon – 3:00 p.m.
Fee	\$145 per term

Drawing/Painting

Monday	12:30 p.m. – 3:30 p.m.
Lab	1:00 p.m. – 3:30 p.m.
Fee	\$65 per term

Knitting Crocheting

Tuesday	1:00 p.m. – 3:00 p.m.
Fee	Materials/Supplies

Needlecraft

Tuesday	9:00 a.m. – 12:00 Noon
Fee	Materials/Supplies

Quilting

Monday	1:00 p.m. – 3:00 p.m.
Fee	\$5 per person per class
Thursday	9:30 a.m. – 11:30 a.m.
Fee	\$5 per person per class
Thursday	1:00 p.m. – 3:00 p.m.
Fee	\$5 per person per class
Friday	1:15 p.m. – 3:45 p.m.
Fee	\$5 per person per class
Saturday	9:00 a.m. – 3:00 p.m.
Fee	Free/Lab



ARTS & CRAFTS AND DANCE – SENIORS

Sewing

Wednesday	10:00 a.m. – 2:00 p.m.
Fee	\$5 per person per class

Stained Glass

Monday	9:00 a.m. – 12:00 Noon
Fee	Materials/Supplies
Wednesday	9:00 a.m. – 3:00 p.m.
Fee	Materials/Supplies



Hawaiian Dance

Hula I	
Monday	10:30 a.m. – 11:30 a.m.
Fee	\$3 per person per class
Hula II	
Monday/Friday	11:30 a.m. – 12:30 p.m.
Fee	\$5 per person per class
Hula III	
Monday/Friday	12:30 p.m. – 3:00 p.m.
Fee	\$5 per person per class

Line Dance

Beginning	
Wednesday/Thursday	12:00 Noon – 1:00 p.m.
Fee	\$2 per person per class
Advanced	
Wednesday/Thursday	1:00 p.m. – 3:00 p.m.
Fee	\$2 per person per class

Square Dance

Tuesday	1:00 p.m. – 3:00 p.m.
Fee	\$2 per person per class

DANCE

Please refer to the Activities at a Glance flier available at the Center for program locations.

Ballroom Dance

Wednesday	1:00 p.m. – 2:00 p.m.
Fee	\$3 per person per class

Folk Dance

Friday	10:00 a.m. – 11:00 a.m.
Fee	\$4 per person per class



SENIORS - FITNESS, FOOD & FUNDRAISING

FITNESS

Fitness Classes

Monday/Friday	9:00 a.m. – 10:30 a.m.
Fee	\$60 (14-weeks)
Wednesday	9:00 a.m. – 10:30 a.m.
Fee	Free – Volunteer Instructor

Pilates

Wednesday	10:45 a.m. – 11:45 a.m.
Fee	\$4 per person per class

Yoga Classes

Tuesday	10:30 a.m. – 12:00 Noon
Fee	\$24 (6-weeks)
Wednesday	9:00 a.m. – 10:30 a.m.
Fee	\$24 (6-weeks)

Tai Chi-ercise

Tuesday	10:00 a.m. – 11:00 a.m.
Fee	\$4 per person per class

Tai Chi 24 Steps

Beginning	
Thursday	9:15 a.m. – 10:15 a.m.
Fee	\$3 per person per class
Intermediate Class	
Thursday	10:30 a.m. – 11:30 a.m.
Fee	\$3 per person per class

FOOD PROGRAMS

Lunch Served Daily

The Dining Room opens at 11:15 a.m. and lunch is served at 12:00 Noon. Reservations required.

Monday – Friday	\$3/60 and older
	\$5/60 and under

Brown Bag Program

Food distribution for low-income seniors. Program sponsored by Mercy Retirement Center.

Thursday (1st & 3rd)	9:00 a.m.
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MASTICK SENIOR CENTER ADVISORY BOARD FUNDRAISING PROGRAMS

Mastick Bingo Program

Join us every Saturday between 12:00 Noon and 2:45 p.m. in the Mastick Social Hall for our fundraising BINGO program. This program ensures an afternoon of fun, socialization, and a chance to win cash and prizes. Doors open at 10:00 a.m. to individuals 18 years of age and older. Proceeds support Mastick Senior Center.

Mastick Thrift Shop

BARGAINS galore are available at the Mastick Thrift Shop on Tuesday and Saturday from 10:00 a.m. to 2:00 p.m.. The Thrift Shop is open to the public. The Thrift Shop accepts donations that are clean and in good condition. Items include: clothing (men, women, and children), purses and hats, shoes, lamps and electrical items, costume jewelry, dishes, kitchenware, decorations, and craft supplies. Proceeds support Mastick Senior Center.

Annual Open House Event

Come see what you have been missing on Sunday, September 16, from 1:00 p.m. to 4:00 p.m.! Enjoy refreshment and entertainment while learning about Mastick's programs and services. Open to the public!

**More Senior Programs
on page 38**



CLASS OVERVIEW - SENIORS

Description	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Price
AARP Chapter Meeting				11:30 am			Dues: \$5 per year
AARP Driver Safety Program			9:00 am				\$12 members/\$14 non-members
Billards	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am		Free
Bingo (Fundraising Program)						10:00 am	Varies
Birthday Celebration (4th Thur)				12:30 pm			Free
Blood Pressure Screening		1:45 pm	10:00 am				Free
Book Club		1:00 pm					Free
Bridge (Social)			1:00 pm				Free
Brown Bag Distribution (1st & 3rd)				9:00 am			\$10 Annual Donation
Cards and Games	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am		Free
Computer Basic Skills				10:00 am			
Computer Classes	1:30 pm	1:30 pm	1:30 pm	1:30 pm			\$40 per term
Computer Class		9:00 am					\$40 per term
Computer Lab	9:00 am		9:00 am		9:00 am		\$1 Member/\$2 Non + Card Fee
Consumer Presentations		1:00 pm					Free
Conversational German						10:00 am	Free
Conversational Spanish-Beginning	1:30 pm						\$20 per term
Conversational Spanish-Advanced	2:45 pm						\$20 per term
Creative Writing		10:30 am					Varies
Current Events				9:30 am			Free
Dental Consultation				10:00 am			Free
English as a Second Language	12:30 pm		12:30 pm				\$40 per term
French (Literary Discussion)					9:00 am		Free
French (Elementary Instruction)					10:00 am		Free
HICAP		9:30 am					Free
Italian Language (Beginning)					10:00 am		Free
Italian Language (Intermediate)					11:00 am		Free
Legal Assistance for Seniors (3rd Mon)	1:00 pm						By Appointment. No fee.
Library	10:00 am		10:00 am		10:00 am		Free
Mah Jongg (Beginners)	1:00 pm						Free
Mah Jongg					1:00 pm		Free
Mastick Walking Group	9:30 am						Varies
Movie Matinee				1:00 pm			Free
Music Appreciation (4th Thursday)				1:30 pm			Free
New Member Orientation (2nd Thur)				10:30 am			
Notary Service			1:30 pm				Donation Accepted
Podiatry Consultation (3rd Tues)		1:45 pm					Free
Portraits by Woodard (3rd Mon)	1:00 pm						Varies
Scrabble				1:00 pm			Free
Singing with Keiko					12:30 pm		Free
Today's World		9:30 am					Free
Thrift Shop		10:00 am				10:00 am	Varies
Transportation Ticket Sales		9:00 am		9:00 am			Varies
Video Production	1:00 pm						Free

Program dates, times, locations and fees are subject to change. Please refer to the Activities at a Glance flier available at the Center for program locations.

SENIORS - SPECIAL SERVICES & TRAVEL

SPECIAL SERVICES

Paratransit Transportation Services

Transportation services to the Center and beyond are available for individuals 55 and older. To learn more, call (510) 747-7513.

Services to Ease your Mind

Blood Pressure Screening, Dental and Podiatry Consultation, Legal Service, Health Insurance Counseling, Support Groups, Notary Services, Income Tax Assistance and much more. For a program list, call (510) 747-7506.

TRAVEL PROGRAM

Staff is available to assist you on Tuesday and Thursday from 9:00 a.m. to 3:00 p.m.

Trip Preview with Collette Tours

On Tuesday, September 25, at 1:00 p.m., in the Media Room preview the following trips: Shades of Ireland, Russia River Cruise, and Music Cities.



Local Trips

For a complete trip listing, refer to the Travel at a Glance flier available in the Mastick Office.

Up on the Roof with Craig Smith

Includes... Exploring San Francisco's roof tops with Craig Smith and a wonderful lunch.

Wednesday, October 10	Cost: \$55
Registration Date	Tuesday, September 4, 2012

Extended Trips

Highlights: Dublin, Irish Evening, Kilkenny, Waterford Crystal, Blarney Castle, Jaunting Car ride, Ring for Kerry, Kilarney, Farm Visit, Limerick, Cliffs of Moher, Galway, Castle Stay.

Shades of Ireland	\$3,549 double/\$3,999 single
March 2013	10 Days



ARPD REGISTRATION FORM



ALAMEDA RECREATION AND PARK DEPARTMENT

2226 Santa Clara Avenue, Alameda, CA 94501 • (510) 747-7529 • FAX #: (510) 523-4071

www.cityofalamedaca.gov/recreation/

MAIN OFFICE HOURS: MONDAY THROUGH THURSDAY - 8:00 AM TO 6:00 PM - CLOSED ON FRIDAYS



Our classes and programs have limited enrollment so please register early! Registrations made after deadline date will be charged an additional fee. Deadline for registration of classes is seven days prior to the start of the class or otherwise noted on flyer.

TO REGISTER

Please include your name, address, all phone numbers, current e-mail address and class activity number on the registration form below. ARPD IS NOT RESPONSIBLE FOR LOST OR MISDIRECTED MAIL OR FAXES.



MAIL-IN REGISTRATION

Mail completed registration form with check (payable to ARPD) or credit card number (MasterCard or VISA) to: **Alameda Recreation & Park Department**
2226 Santa Clara Avenue, Alameda, CA 94501



PHONE REGISTRATION

Phone registration accepted during regular business hours with your current MasterCard or VISA ONLY. Please have your credit card and class activity number ready prior to calling (510) 747-7529.



FAX REGISTRATION

Fax completed registration form with your current MasterCard or VISA and fax to (510) 523-4071.

REGISTER ONLINE 24/7 AT: www.arpdeplay.com

ARPD is proud to present online registration to our community! Contact ARPD to set up your account: call (510) 747-7529 during our regular business hours or e-mail us at: arpd@ci.alameda.ca.us

DUE TO COMPLEX REGISTRATION PROCEDURES, NOT ALL ARPD ACTIVITIES WILL BE AVAILABLE FOR ONLINE REGISTRATION.

ADDITIONAL ASSISTANCE

ARPD classes are designed with the total community in mind. If you are in need of additional assistance in order to participate in any of our activities or classes, please call the ARPD Office, (510) 747-7529 or (510) 522-7538 (TDD) to request assistance.

CANCELLATIONS & REFUNDS

ARPD reserves the right to cancel classes due to low enrollment. In the event a class is cancelled by ARPD, full refunds will be provided. Cancellations initiated by the participant must be requested a minimum of 5 business days prior to the start of the program. We no longer issue refunds. You will receive a credit less a \$15 processing fee on your ARPD account to be used in the future by you or your family members.

CLASS CONFIRMATION

You will receive a receipt confirming your enrollment with the exception for those who choose to register online. For those who register online, just remember to print your own receipt. **SAVE YOUR RECEIPTS!** There is a \$5 service charge per receipt to reprint receipts.

PARTICIPANT'S NAME		COMPLETE IF UNDER 18 YEARS			GENDER	PROGRAM/CLASS NAME	FEE	CLASS #
LAST	FIRST	GRADE	AGE	BIRTHDATE	(circle one)			
					M / F			
					M / F			
					M / F			
RECREATION SCHOLARSHIP FUND DONATION - Write In Donation Amount - Thank You!								
TOTAL								

MAIN CONTACT NAME _____

ADDRESS _____

CITY _____

ZIP CODE _____

HOME PHONE () _____

WORK PHONE () _____

CELL PHONE () _____

E-MAIL ADDRESS (Required for Online Registration - www.arpdeplay.com) _____

IN CASE OF EMERGENCY AND I CANNOT BE REACHED, PLEASE CONTACT: (I understand it is my responsibility to provide current contact information)

NAME: _____ RELATIONSHIP: _____ HOME PHONE: _____ CELL/WORK: _____

MEDICAL RELEASE: I do hereby give permission for any certified emergency professional or health care professional to administer any type of medical treatment he/she deems necessary to the above child in case of an emergency and in the event that I cannot be contacted.

Please Note: Registrations for children requiring special attention are reviewed on a case-by-case basis with the Program Supervisor. Be sure to provide as much detail as possible, including any physical or emotional needs or medications involved. Recreation Department Staff do not receive specialized training for various special needs, but will work with individuals as appropriate to provide a positive experience.

ALLERGIES, MEDICAL PROBLEMS, CURRENT MEDICATIONS: _____

DOCTOR'S NAME _____

PHONE () _____

NAME OF INSURANCE _____

GROUP OR POLICY NUMBER _____

☐

MASTERCARD

☐

VISA

CARD NUMBER

-

-

-

EXP DATE

☐

CASH

☐

CHECK

CARDHOLDER NAME

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES AND DISCHARGES THE CITY OF ALAMEDA, its directors, officers, employees, agents, and independent contractors from all liability to the undersigned and/or his/her personal representatives, assignees, heirs, and next of kin for any loss or damage and any claim or demands accruing or resulting from injury to the person or property or death of the undersigned, whether or not caused by the negligence and/or property of the City of Alameda, its directors, officers, employees, agents, and independent contractors.
2. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE, whether or not it is due to the negligence of the City of Alameda, its directors, officers, employees, agents, and independent contractors or otherwise while in, upon or about the premises of the City of Alameda and/or while using the premises or facilities or equipment or program transportation thereon.
3. THE UNDERSIGNED HEREBY PERMITS the taking of photographs of themselves and/or the participant(s) by the City of Alameda during recreation classes or activities to be used at the City's discretion. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement has been made.

SIGNATURE (Parent/Guardian if under 18) _____

DATE _____



Alameda Recreation and Park Department
2226 Santa Clara Avenue
Alameda, CA 94501

PRST STD
U.S. POSTAGE
PAID
ALAMEDA, CA
PERMIT NO. 171

RESIDENTIAL CUSTOMER

COMMUNITY EVENT HIGHLIGHTS

For full details refer to page 6 & 7

OCTOBER 19-21 & 26-28
9th Annual Teen Haunted House
South Shore Shopping Center

NOVEMBER 2 & 3
34th Annual Holiday Boutique
Veteran's Memorial Building

DECEMBER 1
City of Alameda Hometown Holiday Celebration
Synthetic Skating Rink, Mayor's Tree Lighting Ceremony
City Hall

DECEMBER 8
Continental Breakfast with Santa
Albert H. DeWitt O'Club

DECEMBER 22 & 23
Santa's Visit - City of Alameda Homes Only

FEBRUARY 13, 2013
Father Daughter Dance Party
Albert H. DeWitt O'Club

FALL 2012
Mastick Senior Center

September 16 - Annual Open House Event

September 26 - Points of Life Seminar

October 17 - Urquhart Memorial Concert Band

December 20 - Mastick Annual Holiday Sing-Along

ONGOING
36th Annual Elks Hoop Shoot Competition

